In The New York Times article “Attached to Technology and Paying a Price,” the author Matt Richtel identifies one of the most concerning issues that a major dependency on technology can bring. The ability to multitask efficiently is a skill that any tech savvy individual would seek to implement. Early research suggested that learning to efficiently multitask might have ultimately proved to be a useful skill. But with technology leading a new generation of people towards an expectation of constant information accumulation, many fear the repercussions that could ensue.

The human mind is only capable of accumulating one single stream of information at once. With the ability to simultaneously retrieve an assortment of knowledge, our brains are beginning to biologically adapt to this shifting phenomenon in subconscious data storage. Technologically centralized individuals “were simply prone to distraction and would have had trouble focusing in any era.” Ultimately, “the technology is rewiring our brain,” says one of the world’s leading brain scientists. (Richter)

I think there’s and interesting point to bring up given the central discussion of Matt Richtel’s article. The article itself raises the possibility that over dependence on technology can alter the subconscious process that occurs while gaining knowledge. While reading the article, I found myself unintentionally skipping over some of the significant body paragraphs in the article. I couldn’t help but feel a bit ashamed that I was exemplifying the consequences to an issue that the article itself raised. I do wonder if anyone else has ever caught themselves as they become naturally distracted from their current objective.

Richtel, Matt. "Attached to Technology and Paying a Price." *The New York Times*.   
     6 June 2010. Web. 26 Feb. 2012. <http://www.nytimes.com/>.