

**Legendary
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Sports

April 5 - April 11, 2016

SMALL NEWS IS BIG NEWS

Volume 8, Issue 329

Movement to Stop Pipeline Intensifies with Public Outcry



Activists display their feelings during rally at Riverfront Green in Peekskill.

By Rick Pezzullo

More than 100 elected officials, environmental activists and local residents banded together Sunday at Riverfront Green in Peekskill to demand federal and state agencies listen to the concerns raised about the health and safety threats of the Algonquin Incremental Market (AIM) pipeline expansion to more than 20 million people in the region.

Braving high winds and frigid temperatures, the rally, organized by several grassroots environmental organizations, also addressed hydrofracking and the pending relicensing of the Indian Point nuclear power plants, but the focus centered on the pipeline project, which is already under construction in the area.

"Democracy lives and you are proof of

that," Paul Gally, president of Riverkeeper, shouted to an enthusiastic, bundled up, sign-waving crowd. "We tried reasoning with FERC (Federal Emergency Regulatory Commission). We will not stop until this craziness is stopped."

Spectra Energy is replacing 26-inch diameter methane gas pipeline with 42-inch pipeline. A portion of the pipeline runs within 1,500 feet of Indian Point's nuclear reactors and 105 feet from critical safety infrastructure at the Buchanan facility. On March 3, 2015, FERC issued an operating certificate for the pipeline, basing part of its approval on an assessment from the federal Nuclear Regulatory Commission (NRC) that the pipeline posed no risk to Indian Point.

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Peekskill Residents to Pay Higher Taxes after Court Ruling

By Rick Pezzullo

Property taxes in the City of Peekskill will increase 5.9% this year after the state Supreme Court ruled last week the Common Council acted beyond its authority when it approved a 2016 city budget on December 1 with a 3.6% tax hike.

The decision, which was triggered by an Article 78 proceeding filed on December 14 against the council by Robert and Catherine Sullivan of Bleakley Drive, means the average single-family homeowner in the city will pay an additional \$127 in taxes, or approximately \$50 more than would have been imposed previously.

It took the four Democrats on the council three tries to pass the \$37.2 million spending plan on December 1. Mayor Frank Catalina and Republican coun-

cilmen Vincent Vesce and Joe Torres did not participate in the third and final budget vote after an emergency meeting was called by Deputy Mayor Drew Claxton.

The special meeting was deemed necessary after Deputy Corporation Counsel Melissa Ferraro discovered the previous night's vote was deficient based on an improper motion made by former Councilman Darren Rigger. Catalina claimed proper procedure under the City Charter wasn't followed when notice of the emergency meeting was posted on Facebook. He walked out of the chambers before the vote was taken, while Vesce and Torres were not in attendance.

The Sullivans sided with Catalina in their lawsuit and asked that any action

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RICK PEZZULLO PHOTO

Councilwoman Kathy Talbot shakes hands with Mayor Frank Catalina Sunday at rally at Riverfront Green.

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Movement to Stop Pipeline Intensifies with Public Outcry

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"Nowhere else in the country is a pipeline placed this close to a nuclear power facility," said Barbara Hough of Food and Water Watch. "We need a clean energy revolution."

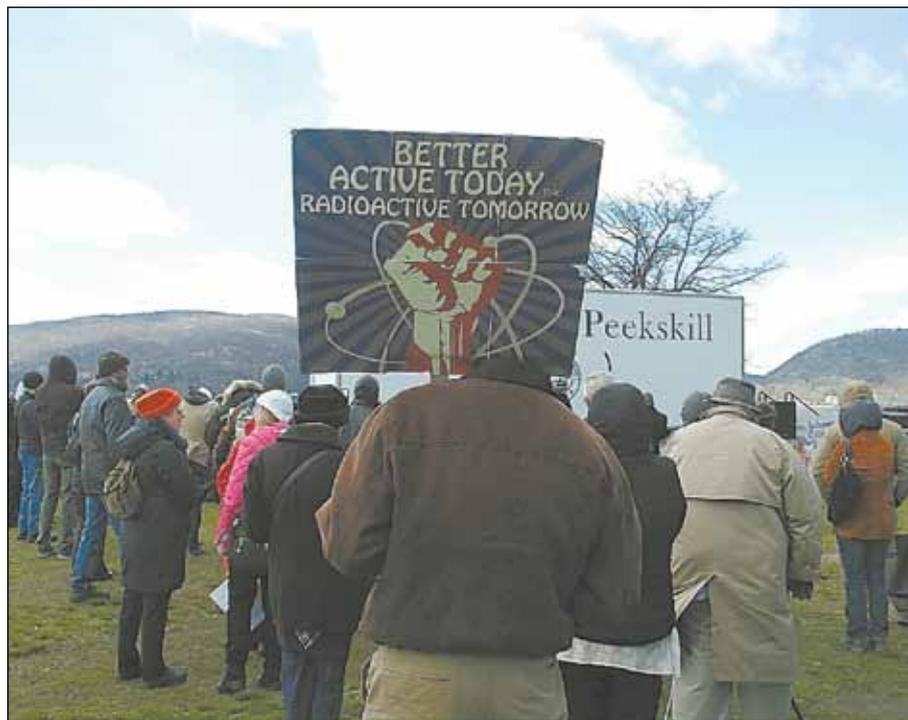
With the construction of the pipeline on track, Nancy Vann, a member of the Stop the Algonquin Pipeline (SAPE) who once blocked the cutting of trees on her Buchanan property by refusing to budge, emphasized opponents should now direct their attention to the natural gas that would be pumped through the pipeline at a rapid rate.

"The environmental damage to this area has already been done," said Vann, who noted 23 pipelines were under construction or being planned in the Northeast. "This movement has been building and building."

Paul Moskowitz, a nuclear physicist from Yorktown, said Spectra should be held accountable for refusing to address the existence of cancer-causing materials in the pipeline.

"This is dangerous stuff," he said. "The fact that they don't want to talk about it proves to me that it's a real problem."

On hand lending their support to the activists were state Assemblywoman Sandra Galef (D/Ossining), Peekskill



RICK PEZZULLO PHOTO

More than 100 people braved cold temperatures to attend rally Sunday.

Mayor Frank Catalina, Peekskill Councilwoman Kathy Talbot, Cortlandt Councilwoman Debbie Carter Costello and Ossining Supervisor Dana Levenberg.

"Today is an example of your courage," Galef said. "We are never going to give up."

There is going to be a win at the end of the day."

Earlier in the week, advocates and landowners from four states filed a federal appeal to the pipeline following FERC's refusal of a request for a rehearing.

"We've been raising valid concerns about this project since 2013, but when a captive agency like FERC is making the decisions and then reviewing its own conclusions it's difficult to obtain a fair hearing," Vann said.

Meanwhile, ResistAIM, a coalition resisting construction of Spectra Energy's Algonquin Incremental Market (AIM) gas pipeline through New York, announced last week it will be holding a day of activation and resistance, called The Say NO Say YES Fest, on Saturday, April 16, at the Paramount Hudson Valley in Peekskill.

ResistAIM's fundraising event includes activities and a show for children, the screening of a new film "How to Let Go of The World (And Love All the Things Climate Can't Change)" and an activist-oriented show with music and comedy in the evening.



WOMEN: IF YOU HAVE PELVIC ORGAN PROLAPSE...

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Ask the Doctor

Elisa Burns, MD, FACOG

Gynecological Surgeon
Director of Quality and Outcomes
Institute for Robotic and Minimally Invasive Surgery
Northern Westchester Hospital
nwhroboticsurgery.org/DrBurns

Q: Do I have pelvic organ prolapse?

A: This non-life-threatening condition occurs in a woman when damage to the connective tissue and muscles holding up the vagina, uterus and cervix causes these organs to prolapse, or drop, from their normal positions. The most common symptom is bulging tissue at the opening of the vagina. Some women suffer pelvic or back pain.

Q: Why does it occur?

A: Pelvic organ prolapse is mainly caused by vaginal delivery, during which connective tissue and muscles are stretched or torn. That's why a large baby increases your risk, as do multiple births. Other risk factors include older age and genetic tendency, with white women at greater risk. While nearly every woman who has delivered vaginally has some degree of pelvic organ prolapse, most women aren't symptomatic. Typically detected through a routine manual gynecological exam, the condition can become merely intermittent, though it usually worsens over time. While bulging tissue can usually be pushed back into the vagina, it can be uncomfortable and interfere with normal activities.

Did You Know?

If you've given birth vaginally, you probably have **some degree** of pelvic organ prolapse.

Q: What are my treatment options?

A: Non-surgical remedies include kegel exercises for strengthening the pelvic muscles. In addition, a pessary – a firmer diaphragm – can be used to hold up the dropped organ. Surgery for the condition restores the position of the prolapsed organs. While it can be performed vaginally or abdominally, the vaginal approach is most common. Following surgery, there is a 20 percent chance of recurrence, though most women enjoy some symptomatic relief. Surgery involves an overnight hospital stay, and you'll likely resume your normal routine in two weeks. In choosing a surgeon, look for a board-certified gynecologist or urogynecologist, or a pelvic surgeon with experience in vaginal surgery.

Q: Can I prevent pelvic organ prolapse?

A: Maintaining a healthy weight reduces your risk, as does not smoking. The good news for women regarding this non-dangerous condition: You have time and you have many options. So you can calmly research the best option for you.

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Clinton Vows to Fight for New Yorkers at Westchester Rally

By Arthur Cusano

If there was a theme being conveyed at last Thursday's rally for Hillary Clinton at Purchase College, one only had to listen to the songs being played before she appeared on stage to figure out what it was – she's a fighter for the people.

After an upbeat playlist included "Stronger," "Stand by You" and "The Fighter," Clinton took the stage with longtime area Rep. Nita Lowey to the sounds of Rachel Platten's "Fight Song," which includes the line, "I've still got a lot of fight left in me."

Clinton said at the event she understood the pain, frustration and disappointment many Americans feel about the economy and the way the country is being run. The former senator and secretary of state told the hundreds on hand she now wanted to fight for her fellow New Yorkers as president.

"Our campaign is about breaking down all the barriers that stand in the way of you and every American in sharing in the promise of our country," said Clinton, a Chappaqua resident who also made an appearance the same day at Horace Greeley High School.

Supporters, who were given signs with the slogan "Fighting for us," packed into the small repertory theater space within the larger Purchase Performing Arts



JEREMIAH CHIKOTA PHOTO

Democratic presidential frontrunner, former secretary of state and Chappaqua resident Hillary Clinton visited Horace Greeley High School last Thursday to meet future voters. On the same day Clinton also held a campaign rally at SUNY Purchase in advance of the upcoming New York primary on Apr. 19.

Center.

The millennials have generally been absent from Clinton's base, with many young first-time voters throwing their support behind the grassroots campaign of Vermont Sen. Bernie Sanders. A small group of students supporting Sanders chanted "If she wins, we lose" near the start of the event. Clinton was undeterred, giving her an opportunity to explain the differences between the two Democratic campaigns.

"You may not be supporting me, but I will support you," Clinton said.

She alleged that many of Sanders' policies were unrealistic and couldn't be enacted, such as free college for all Americans. She said she could support free community college and public colleges and a program in which students volunteered 10 hours a week as part of their student aid program.

Clinton also said she wanted colleges to sign a compact to reevaluate their

costs that are being passed on to students. Those who can afford college should still have to pay for it, and Americans should never have to foot the bill for the wealthiest students, she said.

"I'm not asking you to send Donald Trump's grandkids to college," Clinton said to loud applause.

She also called for lowering college loan rates, and said there should be a cutoff for paying off loans to avoid burdening students with onerous debt for decades.

"If you've paid for 20 years, you're done," she said of the plan.

The former first lady also told supporters she wanted to make early childhood education a federal priority, saying too many children from low-income households are starting school lagging behind their peers.

Clinton said she supports more advanced manufacturing and funding for small businesses to help boost employment numbers. She pledged to end wage inequality for women and would continue to support the Affordable Care Act.

"Before there was Obamacare there was HillaryCare," she said, "and I still have the scars to prove it."

Clinton also took on Trump, the GOP

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Mt. Kisco Photog's Exhibit Captures the Dangers Lurking

By Martin Wilbur

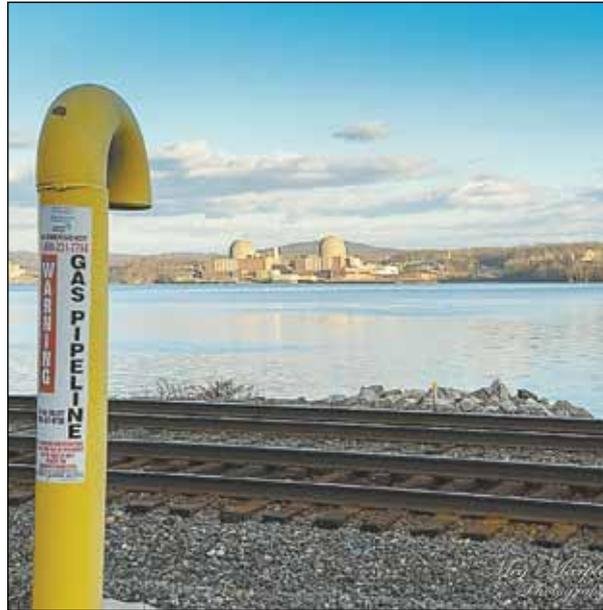
Most of Mey Marple's photography features images of beautiful landscapes that includes forests, mountains and lakes.

But recently Marple has taken a much different tact. Since October she has compiled a story in photos of a community's fight against Spectra Energy's Algonquin Incremental Market (AIM) pipeline. The pipeline is on the verge of being built through northern Westchester to carry natural gas from Pennsylvania to Boston where it would be shipped to Europe.

Marple, who has lived in Mount Kisco with her family for the past 19 years, originally went to court to capture pictures of the activists who were arrested for resisting attempts by Spectra to clear wooded lands and prep the area for the pipeline.

But Marple soon heard stories of land seized through eminent domain, state officials' concerns being ignored by the Federal Energy Regulatory Commission (FERC), questionable analysis conducted by the federal agency and the pipeline's close proximity to Indian Point nuclear power plant and realized that there were larger issues at stake.

"To me, I can't believe that this is today's America where we're supposed to take care of our citizens," Marple said.



One of Mey Marple's photos that will be featured in "#DangerUnderOurFeet," which opens Sunday in Mount Kisco. Gas pipelines, petroleum bomb trains, and nuclear contamination are a present danger to Westchester and the New York metropolitan area.

"Are we so desperate to make a bigger buck by selling fracked gas to Europe that we're risking our area?"

Starting this Sunday and continuing for the remainder of April, about 40 of Marple's images from the past six months will be on display at the Unitarian Uni-

versalist Fellowship of Northern Westchester in Mount Kisco. The exhibit, "#DangerUnderOurFeet," addresses the potential catastrophic risks of allowing natural gas to be transported a few feet underground through densely populated areas and within 105 feet of Indian Point and the struggle of those who oppose the project.

Through meeting the activists in the crosshairs of the controversy and learning more about the issues, there's not only the danger of the pipeline and the nuclear plant but the Hudson River transporting millions of gallons of crude oil, Marple said.

However, a key issue is FERC's liberal permitting of applications, including for the pipeline raises despite objections from New York State, including Gov. Andrew Cuomo, she said.

"I really wanted to get to know them

to see what makes (the opponents) have this fight to stand and resist arrest," Marple said. "As I sat back and learned more about it, I realized that with this story you can't just talk about the activists. It really comes down to federal versus state."

The fact that Westchester doesn't stand to benefit from the gas is particularly troublesome, she said.

"For me as an outsider, (I asked) 'This is happening here?' It's just layer after layer after layer of a story that I just could not believe," Marple said.

Sunday's reception will also feature special guest speaker Courtney Williams, a cancer researcher and molecular biologist who co-founded SENRG, a nonprofit formed to fight the pipeline project through litigation.

Marple said proceeds from the sale of the exhibit's photographs will be donated to SENRG.

Sunday's reception is scheduled from 12 to 2 p.m.

The Unitarian Universalist Fellowship of Northern Westchester is located at 236 S. Bedford Rd. (Route 172). For those who can't make the reception and would like to view the exhibit, contact Mey Marple at marplegirl@me.net or the church at 914-241-1360 to set up an appointment.



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Drug Forum in Montrose Focuses on Combatting Problem

By Michael Guiliano

A public forum on drug abuse and awareness was held at the Hendrick Hudson Library in Montrose last Wednesday. The “power hour” forum, which featured speakers from the community, sought to give information on the recent growing drug problem, as well as offer tips and resources on how to prevent or combat potential substance abuse.

Susan Salomone, co-founder of the non-profit organization “Drug Crisis in Our Backyard,” Laurie Dean, of the Croton Community Coalition, and Colleen Anderson, of the Cortlandt Community Coalition, were the main organizers behind the forum.

Salomone, whose son Justin died of an accidental overdose in 2012, said her goal was to prevent others from experiencing the same tragedy that she faced.

“If [Justin] were here, he would say that he never intended to be addicted to drugs,” Salomone said. “We come out here and we talk to you, so that you don’t have to go through this, and that you can believe that this happens in your own backyard.”

Kanta Asrani, a pharmacist at Northern Westchester Prescription Center in Mount Kisco, began by speaking about the growing trend in prescription drug abuse. Asrani attributed the recent trend of doctors



PHOTO BY MICHAEL GIULIANO

Kanta Asrani and David Gerber addressed onlookers at Hendrick Hudson Library.

over-prescribing pain medication as a key factor in the large increase in prescription drug abuse.

“The number of prescriptions for opioids has quadrupled in the last 10 to 14 years,” Asrani said, citing recent data. “One cause is that the attitude of prescribing physicians has become very casual.”

Asrani also called-out drug companies

for marketing their drugs to doctors and patients as “miracle pills” with no side-effects, when the reality was much different.

“The drug companies, who have given us these drugs, promoted the idea that these are some kind of wonder-drugs and may be used to solve a lot of different problems that they may not have originally been intended to,” Asrani said. “They

were trying to make healthcare providers, like myself, feel very comfortable, [saying] that it was okay to dispense large quantities of these drugs. Now that we have been researching and addressing the effects of what really happens when these drugs are over-prescribed, we have to try and curb this epidemic.”

As for tactics that will work on reducing the risk of future prescription drug abuse, Asrani said that there are several protocols in place, and that more are being created every day. One major program is I-STOP, an online prescription-monitoring program set in place amongst doctors and pharmacists throughout the state. When used properly, I-STOP monitors and prevents prescription fraud. There is also the notion of creating “abuse-deterrent” formulations, which focuses on creating physical barriers within a medication to prevent abuse.

“Some drugs have been designed in a very innovative way, specifically so they cannot be abused,” Asrani explained. “A new formula for morphine has a [tablet] with a core center of Naloxone (an opioid blocker). If the pill is taken as intended, the Naloxone will pass through their system un-dissolved. But if they crush the pill, the Naloxone binds with the morphine so that

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Caring About Others with Mental Illness Key to Saving a Life

By James Best

Watching someone you know or love suffer from mental illness is a heart-wrenching experience.

But displaying care and compassion and helping the person seek professional help can be the difference between life and death.

On Sunday, the Alliance for Safe Kids (ASK) hosted its sixth annual Save a Life Forum at Lakeland High School in Shrub Oak, bringing together the greater Yorktown community to address the daunting issues that many teens face.

The keynote speaker was suicide prevention and mental health advocate Kevin Hines, who shared his story of surviving a leap off the Golden Gate Bridge when he was diagnosed with bipolar disorder.

Hines spoke about the importance of bridging the gap between the fear and stigma of mental illness and being able to make a positive change.

"We want to give hope because hope helps heal," Hines said. "We want to look at people who are going through all kinds of different things and relate to them on a deeper level. All of these people who are here at this conference today, their lives are going to change. We are here to shed light on the notion that hope does exist even if you are in pain."



Mental health advocate Kevin Hines implored those who are close to someone with mental illness to show care and empathy. Hines was the keynote speaker at Sunday's Save a Life Forum at Lakeland High School.

Chereese Jarvis-Hill, an event planner and an ASK member, said that the message she took from Hines' story was that he wanted someone to care about him.

"For me what was so touching was when [Hines] said that the morning he attempted suicide he just wanted someone to ask him if he was okay and recognize he was going through something," Jarvis-Hill said. "It's something so simple that I think as parents and just as human beings we take for granted. If you see someone who doesn't look like they're okay, just (take

that second to ask that question."

Tricy Cushner, ASK's president, said Hines' gripping story appeared to have a profound impact on those who attended Sunday's forum. The most important message for Cushner was to demonstrate that you care for people by reaching out.

"There's something about understanding how important it is to not look the other way and to have permission to get involved," Cushner said. "Look for something that's not right, notice something and then connect with them to help.

That's what [Hines] says through the whole thing."

Cushner said the organization has begun youth mental health first aid training, which teaches adults and students how to help those dealing with mental health issues.

"We constantly say all the time that if you feel cared for then you can make more thoughtful decisions," she said. "It's really important to feel cared for. The training helps people to learn how to care for others dealing with mental health issues."

Liz Talbert, the organization's coalition coordinator, said ASK is introducing more programs into the Lakeland and Yorktown school districts to keep mental health awareness in the forefront.

"We have introduced things here today that we are piloting such as the Fathers Forum and the courageous parenting course to see if we can see what really works best for the community," Talbert said. "Keep in mind we're not trained professionals, we're not leading these trainings. What we are doing is connecting professionals and resources to the community."

ASK has created a community resource guide to help the community stay connected. To learn more, visit www.AllianceforSafeKids.org.

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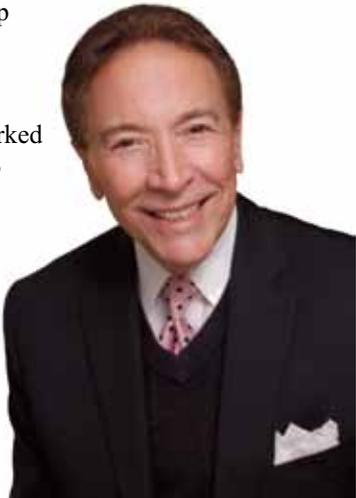
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Support Connection to Honor Executive Director Quinn

Support Connection, Inc., a not-for-profit organization that provides free support services to those affected by breast and ovarian cancer, will hold their Annual Spring Benefit on Friday, April 15, at Sinapi's Ceola Manor in Jefferson Valley. At the event, their Board of Directors will present Katherine Quinn, Executive Director, with the Spirit of Love Award. Presented for the first time in 2016, the award is given in recognition of Quinn's enduring and boundless devotion to Support Connection's mission over the past 20 years.

Quinn attributes her life-long involvement with community service to her upbringing: "My parents were great people, dedicated to their family. We learned that responsibility and integrity are a way of life. They taught us to be strong, help others and work hard," she said. When she was only five, she helped her dad sell raffle tickets for their church. Quinn was active in her high school student government and her community block association. She later led several organizations helping women, families, and teens, as well as parent clubs in the Lakeland School District. Her husband and children were often by her side volunteering as well.

Quinn enjoyed a successful career



Katherine Quinn, Support Connection Executive Director, recipient of the 2016 Spirit of Love Award.

in international banking, as she holds a Bachelor's degree in accounting and an MBA: "I found my work interesting and challenging, but I knew I needed to be in an environment where I could make a difference in people's lives," she said. Quinn transitioned to work in the not-for-profit sector when she joined a domestic violence center as the Business Director.

During that time her dear friend Isabel was diagnosed with breast cancer. Knowing Quinn was involved with women's issues, Isabel asked if there was a place she could reach out to connect with other

women with cancer. After researching local resources, Quinn was dismayed to learn there was no such support available.

A few years later Quinn attended a breast and ovarian cancer walkathon in Yorktown, walking in support of Isabel. It was at this walk that the seeds for Support Connection were sown: Nancy Heller (a breast cancer survivor) and Richard Adamski (who lost his wife Myra to breast cancer) spearheaded the event. When they gave a shout out for volunteers to plan another Walk the next year, Quinn stepped forward.

A group of about 20 volunteers gathered in the months that followed. They brainstormed about the Walk, but also about the lack of local support services for women facing cancer. They decided to create an organization to fill this need. Denise D'Amico, a Support Connection Board Member, was part of that initial group.

"I was there at the beginning when Support Connection was just being formed and Kathy became involved. Her passion for the organization was instantaneous – it was like love at first sight. She came in, immediately gave it her all, and has never stopped for 20 years," D'Amico said.

Because of her experience and belief in the cause, Quinn offered to help get this new organization up and running. It was a chance to address the gap she'd discovered while trying to help Isabel. Quinn was involved with all aspects of helping Support Connection get started: preparing documentation to establish non-profit status, collaborating with other professionals to get training and advice, organizing volunteers, public relations, and finally opening the doors in September 1996.

Support Connection took off right away, Quinn recalled: "We received our first call for support within an hour of opening," she said. From that humble beginning, the organization continued to grow in size and impact under Quinn's dedicated guidance. Support groups were formed. Yoga and meditation classes were added. Volunteer facilitators were recruited and trained. In 1999 Maria Rubino Jennings, a breast cancer survivor, joined the staff. Rubino helped Quinn create the Peer Counseling program that has become the cornerstone of Support Connection's array of personalized services.

Mike Murphy, Support Connection's current Board President, saw the impact

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SUPPORT CONNECTION
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Letters

Indian Point is the Safe and Sure Bridge to a Clean Energy Future

To the editor:

The Indian Point nuclear power plant, located in Westchester, provides 25 percent of the power used in New York City and Westchester every day. Its power is clean, reliable and affordable and is guided by 1,000 men and women who are committed to safe operations above all else.

The state unfortunately is trying to shut down Indian Point, New York City's largest source of clean power, even though, according to New York State's own data, Indian Point produces

40 percent of the state's zero-emission or clean electricity from nuclear plants while avoiding over 10 million tons of greenhouse gas emissions.

Today and for the foreseeable future, the plant is needed more than ever. Asthma and other respiratory illnesses continue to plague urban communities, especially the underserved, due in part to fossil fuel emissions from power plants. Indian Point produces virtually no greenhouse gases. Also, according to the New York Independent System Operator, the independent group charged with

keeping the lights on in New York State, Indian Point is vital in ensuring a reliable electricity supply and preventing blackouts.

To his credit, Gov. Andrew Cuomo has long supported reducing carbon dioxide (CO2) emissions and combating climate change by promoting renewable energy sources such as wind and solar power. However, progress has been slow due largely to costs and a still uncertain regulatory environment.

Indian Point critics worry about safety but the plant has operated safely for over 40

years. In fact, the independent U.S. Nuclear Regulatory Commission has continually given the plant its top safety grade.

We need Indian Point as a bridge to that day when renewables can take on the responsibility of ensuring a clean, reliable, affordable and safe supply of electricity.

FRANK FRALEY

President SHARE-NY

Safe, Healthy, Affordable, Reliable and Electricity (SHARE-NY) is a coalition of businesses, clergy and community leaders located in New York City.

Budget Victories for the Ossining School District

To the editor:

This past Friday, the New York State Legislature passed the 2016-2017 budget. I am proud to announce that so many stood with me and made sure that our voices were heard, and key policy changes were included in this year's budget that will benefit the Ossining School District moving forward.

Working with the school district, this budget will include an increase of

Foundation Aid funding by \$627 million.

For Ossining specifically, this means an 8% year over year increase in operations funding. When capital funding and building aid are taken into account that percentage rises to 16%, further ensuring that Ossining will have the tools it needs to prepare our students for success both inside and outside of the classroom. This increase in funding could not have happened without the advocacy of the

community of Ossining.

Additionally, the budget will direct the State Education Department (SED) to examine the process for determining the number of eligible students that receive free and reduced price lunch for the purposes of calculating school aid. This formula re-calibration will ensure a more accurate representation of a given population for use in state school aid formulas. This means that SED will more

accurately take into account the unique nature of districts such as Ossining where there is rising enrollment or reduced wealth factors.

As always, I will continue to advocate for the needs of the Ossining School District in order to provide our students with a sound education.

Sincerely,

SENATOR DAVID CARLUCCI

38th Senate District

YSBA Welcomes Newest Member AFC Urgent Care

The Yorktown Small Business Association has announced the addition of another locally owned and operated business AFC URGENT CARE to its growing list of members. Dr. Rajesh Gupta and his wife Seema (shown with Bob Giordano and Violeta Shala-Guerrero) opened the AFC URGENT CARE facility in the BJs shopping center in February after looking at many

locations in the area. For the Yorktown residents who raised two sons in town and have lived here for 15 years, it was a dream come true.

"Living here, raising our family here and now opening and operating a business here is a dream come true," Dr. Gupta said.

Violeta Shala-Guerrero Vice President/Branch Manager III of First Niagara, who



was an early supporter of the YSBA, said, "Having a new business in town, owned and operated by local residents, whose children go to our local schools, employing local residents, buying service and supplies from local business is just a win, win, win for the YSBA and our town."

Bob Giordano of the YSBA said, "In an increasingly competitive global economy, it is imperative to do whatever we can to

keep our money in our town, which helps everyone's bottom line, our residents, business, schools and government."

The YSBA presented a copy of the prayer recited by Dr. Gupta's father Om, which was a very enlightening experience to all.

For information about the YSBA contact Bob Giordano: Yorktownsba@optonline.net or 914-874-4347.

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Obituaries

Patrick Cavuoto

Patrick J. Cavuoto, formerly of Toms River, NJ, Shrub Oak and Yonkers, died March 31. He was 93.

He was a World War II, U.S. Army veteran and was employed as a mechanic with Nelson Oil Company in Peekskill. He was a member and Past Commander of American Legion Post 1009, Yorktown Heights. He was predeceased by his parents, Christopher and Bennedette, wife Mary, son-in-law, Guy Messina and sis-

ter, Grace Pilato.

He is survived by his daughter, Mary Ellen Messina; sons, Christopher (Barbara) Cavuoto, Ralph Cavuoto, Gary (Joann) Cavuoto; grandchildren, Kevin, Patrick, Thomas "TJ", Joseph, Bryan, Christopher "CJ", Nicole, Lindsey and Gregory; and great-grandson, Nathan. Memorial donations may be made to American Legion Post 1009, 235 Veterans Road, Yorktown Heights, NY 10598.

Arthur "Schatzie" Siegel

Arthur Siegel, a longtime resident of Yorktown Heights, died peacefully March 30 surrounded by his family. He was 84.

He was born in 1932 in New York City. Mr. Siegel worked at IBM as a research engineer until he retired in 1992. He married his beloved wife Berta in 1952. His favorite hobbies were bowling, flying, hunting, motor cycling, model mak-

ing and watching the Yankees.

He is survived by daughter Ginny (Doug) Sullivan, son Richie, granddaughter Melissa, grandson Michael, brother Gunther, sister Goody. He is also survived by sister-in-laws and many nieces and nephews and one very special friend Bill.

Jan Kavana

Jan B. Kavana of Hudson, formerly of

continued on page 22

Peekskill Residents to Pay Higher Taxes after Court Ruling

continued from page 1

taken at the meeting be declared null and void. As a result, the city manager's budget that carried a 5.9% tax increase would go into effect since the council failed to meet the December 1 state deadline.

Catalina said the court ruling supported his contention that the four Democrats on the council acted beyond their authority in an illegally convened session.

"I am pleased that the court has ruled in exactly the manner I expected and declared that these councilpersons acted without legal authority," Catalina said.

"The years of one party control and domination of city affairs ended when I took office and hopefully that is now understood by the self-described 'majority.' This is exactly what happens when they practice politics inside the Council Chamber and why I constantly plead with them to please leave their politics outside of the Chamber."

"Regardless of whether or not they have a 'majority,' they simply cannot do whatever they want without consequence," the second-term mayor continued. "I only hope they have learned a valuable lesson from this civics lesson

and that no one is above the law. Bad things happen when you bring politics into the Council Chamber and the ends never justify illegal means."

Councilwoman Vivian McKenzie contended the three Republicans "actively encouraged" the lawsuit by supporting the Sullivans by filing affidavits against the city and city staff.

"We don't feel good about this disappointing outcome," said McKenzie, who maintained two of the Republicans had originally agreed to support a compromise budget that would have kept the tax increase at 3.6%.

"While Mayor Catalina recently stated that the Democrats 'bring politics into the Chamber,' it is his polarizing statements, press releases, emails and online postings that constantly divide and distract the council, which negatively affect not only the city taxpayers but the reputation of our community," McKenzie said.

Councilwoman Kathy Talbot added, "Given that the city ended last year with a \$1.4 million surplus, due to a mild winter and the aggressive work of our finance department collecting overdue taxes, this excessive tax increase is a real slap in the face to our hard working taxpayers."

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State Budget Passed, Minimum Wage Increase Attached

By David Propper

With a minimum wage increase the focal point of the New York State budget, Governor Andrew Cuomo and state lawmakers agreed on an annual spending plan last week totaling \$156 billion.

The agreement would raise the minimum wage to \$15 in New York City by the end of 2018 and initiate slower increases moving north. Westchester County will not reach the \$15 wage mark for about six years and in Putnam, it will only reach \$12.50 by 2021. The wage threshold will raise 70 cents a year over the next five years before hitting 12.50 at the end of 2020.

Currently the minimum wage is \$9 per hour. As part of the deal, state lawmakers also signed off on 12 weeks of paid time from a job to care for a newborn, sick relative, or deal with a military deployment.

Locally, state Senators, Republicans Sue Serino and Terrence Murphy, both supported the budget and minimum wage increase. In the Assembly, Democrat Sandy Galef threw support behind the proposal, while Republican Steve Katz did not.

Serino described the minimum wage increase as “the most contentious” part of the budget discussion. After meet-

ing with business owners, community leaders and workers, Serino said the original proposal--an increase to \$15 per hour within five years--would have resulted in job loss among workers in non-profits, schools, municipalities and local businesses.

Murphy, in a statement, said the budget strikes the right balance between protecting small business owners and providing responsible equity to employees. He considered this proposal better than allowing a wage board to implement a flat rate minimum wage.

“This sensible plan will usher in a fair income level that meets certain triggers and parameters to ensure our state and regional economies can support it,” Murphy stated. “Lifting people above the federal poverty level will greatly reduce the burden on taxpayers to fund social services, which in the end, help both taxpayers and employers.”

Galef said Assembly Democrats have discussed minimum wage for several years and this year the Republican-controlled senate came to the table. She called it a “really important” piece of the budget agreement and slow, incremental increase would accommodate small businesses and give them an adjustment period.

“I think it’s important for people to make a wage that they are able to live on in our counties,” Galef said.

Katz lambasted the minimum wage increase, stressing it would further destroy business in New York. Additionally, he said it’s going to deny teenagers the chance for their first job and hurt people with disabilities. Katz called the senate GOP “cowardly” in voting to for the increase.

Katz decried the budget process yet again. Despite the removal of both former Assembly Speaker Sheldon Silver and Senate Majority Leader Dean Skelos for corruption, the same “disgraceful, irresponsible” process took place that should motivate voters to oust every lawmaker, he said.

Katz said the budget was not reviewed carefully by legislators because of the lack of time and slammed Cuomo for his “psychotic drive” to meet the March 31 deadline.

“This is a sham and disgrace for the people that are paying for this budget,” Katz remarked.

Other notable parts of the budget included an additional windfall of aid to local school districts across the region and the elimination of the Gap Elimination Adjustment. The total sum going

toward education is \$24.8 billion.

Murphy said the GEA elimination would put “real dollars in the classrooms of the Hudson Valley and Serino called it an “historic increase” for schools.

Galef added local schools would be “very pleased” in larger state aid increase, but did stress next year the state will need to focus on boosting foundation aid.

Lawmakers also touted tax cuts for middle class households, with Murphy noting it provides a 20 percent income tax rate cut for about 4 million families starting in 2018.

Galef pointed out a good chunk of money went into transportation infrastructure and environmental funds.

One piece missing was any type of real ethics reform, with Serino putting the blame on Cuomo who “absolutely dropped the ball.”

Katz said once again Cuomo has put a low priority on ethics reform and instead of cleaning up the capitol, he’s done nothing. He said he’s happy this is his last budget before retiring from the assembly because lawmakers aren’t actually doing substantive work on the budget.

“No changes, nothing,” Katz said. “Business as usual in Albany.”



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Gia Bella Jewelers Shrub Oak

By Neal Rentz

Yorktown resident Thomas Trippodo was selling jewelry for a decade without a commercial home base.

But that changed in mid-March when he opened his first store, Gia Bella Jewelers, located in Shrub Oak.

Trippodo said he wanted to open a store located near his home. The building was “a nice small spot to open up a jewelry store,” he said. “It’s the first physical store. I’ve been doing private jewelry sales for about 10 years.”

The building formerly housed office space. Trippodo said it took about three weeks to renovate the structure.

Another reason he chose his location was because there was no jewelry stores in the Shrub Oak area, Trippodo noted.

Trippodo said he made selling jewelry his profession because “I loved jewelry.” His ethnic heritage influenced his appreciation for jewelry, Trippodo said. “I guess growing up Italian there was always jewelry around. I just liked the look of it.”

The name of his new store is based on the first name of his and his wife Lisa’s two daughters, Trippodo said. “One is Gianna and one is Isabella,” he said. “Everybody loves the name. Everybody in town knows



PHOTO BY NEAL RENTZ

Yorktown resident Thomas Trippodo opened Gia Bella Jewelers in Shrub Oak in March.

my kids.”

Trippodo’s store offers a wide range

of items for men, women and children,

including watches and silver and fashion

jewelry. Trippodo also does jewelry and watch repairs. One of the most popular items at his store is monogrammed pendants for necklaces, as well as watches, Trippodo said.

If an item is not in the store, Trippodo said he will order it. “We can get any customer any piece of jewelry they want,” he said.

To publicize his new store Trippodo is using both traditional media advertising and social media, including Facebook, Twitter and Instagram. His daughter, Gianna, is responsible for the social media ads, Trippodo said. “Social media is instant. It’s always in your face. It’s free.”

Trippodo’s goals include opening a second store, possibly in a surrounding town such as Somers or Mahopac.

Trippodo said it was important for him to open a store. “Now I have a home base, a solid place for people to come,” he said. “This business is based on trust. So if you can see a physical address, that’s an advantage.”

“I ran around for 10 years. Now they come to me,” Trippodo added.

Gia Bella Jewelers is located at 1137 E. Main St. in Shrub Oak. For more information call 914-302-7821 or send an e-mail to giabellajewelers@yahoo.com. The store is also on Facebook, Twitter and Instagram.

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Kansas to Rock Paramount in Peekskill Sunday

Back in 2012 the doors were shut, the music was no more and Peekskill lost an historic downtown staple, then in 2013 along came Red House Entertainment and over the last three years, Red House Entertainment, the operators of the Paramount Hudson Valley Theater, have been winning back agents, bands, and fans of music.

"The Paramount is building back the reputation of this historic theater by offering consistently great acts, quality and friendly service, and top notch technical support for the bands combined with one of the most beautiful venues in the tri-state area," said Kurt Heitmann, CEO of Red House Entertainment. "We have worked really hard over the past three years and it is paying off with great bands like Kansas, who are returning for another show on April 10th at 7 p.m. This is their second show in three years and they are about to release a new album, so

you never know, but I would guess we are going to hear some of that album at the show!"

Kansas has spent more than four decades as a part of the soundtrack of the lives of multiple generations of music lovers. The band's first public statement appeared on their

self-titled album in 1974. "From the beginning, we considered ourselves and our music different and we hope we will always remain so." Little did this legendary rock group realize that back in the early '70s, what seemed to be "different," was actually ahead of its time.

This "garage band" from Topeka released their debut album in 1974 after being discovered by Wally Gold, who worked for Don Kirshner.

The band has produced eight gold albums, three sextuple-Platinum albums (Leftoverture, Point of Know Return, Best of KANSAS), one platinum live al-

bum (Two for the Show), and two one million-selling gold singles, 'Carry On Wayward Son' and 'Dust in the Wind.' KANSAS appeared on the Billboard charts for over 200 weeks throughout the '70s and '80s and played to sold-out arenas and stadiums throughout North America, Europe and Japan. 'Carry On Wayward Son' was the #2 most played track on classic rock radio in 1995 and went to #1 in 1997.

Coinciding with the celebration of their 40th anniversary, the band KANSAS, was inducted into both the Kansas Hall of Fame and the Georgia Music Hall of Fame as recognition for their achievements from both their native state and adopted home state. KANSAS signed a new recording contract with InsideOut Music in late-2015. The band's 15th studio album is scheduled to be released Fall 2016.

The band, which is currently com-

prised of original drummer Phil Ehart, bassist/vocalist Billy Greer, keyboardist David Manion, vocalist/keyboardist Ronnie Platt, violinist/guitarist David Ragsdale, and original guitarist Richard Williams, continues to perform in front of large and enthusiastic audiences around the world.

Along with touring, Kansas continues to remain a fixture of Classic Rock radio and has reached a whole new audience through their unmistakable presence on the popular video games Rock Band and Guitar Hero, and through their songs inclusion in various television shows such as 'Supernatural,' and 'South Park,' and with films 'Old School,' and 'Anchorman.'

For tickets and more information visit paramounthudsonvalley.com or call the box-office at 914-739-0039. Paramount Hudson Valley is located at 1008 Brown Street in Peekskill, New York.

Clinton Vows to Fight for New Yorkers at Westchester Rally

continued from page 3

frontrunner, for his views on immigration and national security. Trump's recent comments about how women should be prosecuted for having an abortion were still a hot topic at the event, despite the real estate mogul later backtracking,

saying doctors who perform abortions should be the ones arrested.

"I think it's odd that all these GOP candidates want limited government except when it comes to women's rights," Clinton said.

Clinton also chastised Sanders for dis-

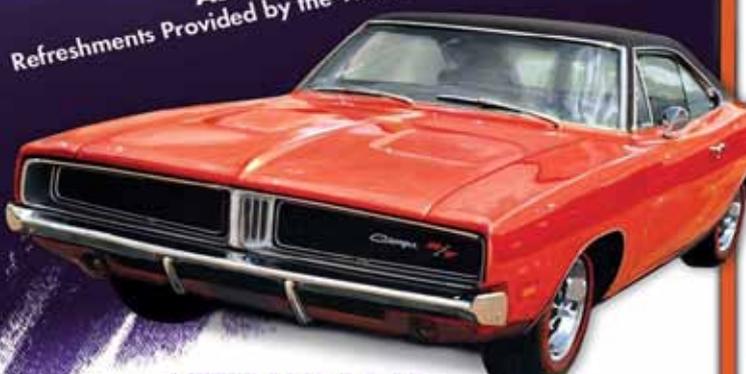
counting Trump's comments on abortion as a distraction from the serious issues.

"This is a serious issue," Clinton said, before touting her National Abortion and Reproductive Rights Action League endorsement and vowing to defend Planned Parenthood.

The event ended in just over 40 minutes. Attendees filed out quietly without incident while a small group of Sanders supporters staged a rally outside the venue. Thursday's rally was privately funded by Clinton's campaign. It was not organized or endorsed by the college.

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Drug Forum in Montrose Focuses on Combatting Problem

continued from page 5

it makes the morphine ineffective.”

Asrani cited these innovative new designs with saving thousands of lives over the past few years, and calls this her “favorite” method of prevention.

Speaking next was David Gerber, the Director of Counseling and Shelter Services at St. Christopher's Inn in Garrison. St. Christopher's Inn, a ministry of the Franciscan Friars, is a temporary homeless shelter that also offers an OASAS-licensed substance abuse program.

Gerber, a cognitive behavioral therapist, said that teens are often drawn to drugs because they often experience good feelings with no observable side-effects when they first start.

“We don't just say, ‘Hey, I want to be an addict,’” Gerber said. “When we first start, there are few, if any, consequences. You get this euphoric feeling, it allows you to feel comfortable in your own skin, so why wouldn't you keep doing it?” Still, Gerber, who deals with about 180 patients on a daily basis, warns that the pleasing effects of the drugs are all temporary and misleading.

“The drugs that you took, they promised you that you'd feel good and they delivered. But you didn't stop, because you didn't experience any consequences, and by the time that you realized that there were problems, it was too late.”

Gerber said that, in particular, teenage athletes are perfect targets for drug use, especially ones that are peddled as “performance enhancing.” This is often because of the ridiculously high pressure put upon them to succeed and win every single time, without regards to the cost.

“With the cost of college, we have par-

Curtain to Rise on Beauty and the Beast at Hen Hud High

Hendrick Hudson High School Theatre presents a live production of Beauty and The Beast in the Hendrick Hudson High School auditorium in Montrose, during the weekend of April 8-10, 2016. Show times are as follows: Friday, April 8 at 7:30 p.m., Saturday, April 9 at 1 p.m. and 7:30 p.m., and Sunday, April 10 at 1 p.m. Tickets can be purchased at www.showtix4u.com (search for Hendrick Hudson).

More than 40 of Hendrick Hudson's most talented students are performing in this spectacular production which features far-off places, daring sword fights, magical spells and a prince in disguise! The show promises to enchant, with a powerful story of love, while the antics of the incorrigible Gaston, his wacky side-kick Le Fou, and a cast of crazy castle characters will keep you laughing throughout this family-friendly show!

ents driving our kids towards scholarships,” Gerber said. “There is this pressure to get on the field, to stay on the field, to perform at high levels.” Gerber said that the pressure to perform at these levels goes beyond the high-school age.

“Olympic athletes were asked ‘If you had the opportunity to win a gold medal and then die tomorrow, would you choose the gold medal?’” According to Gerber, a vast majority, upwards of 75%, said they would.

Eventually, Gerber said, the enthusiasm for the drugs that allowed them to excel on the field begins to become more alluring

than actually performing.

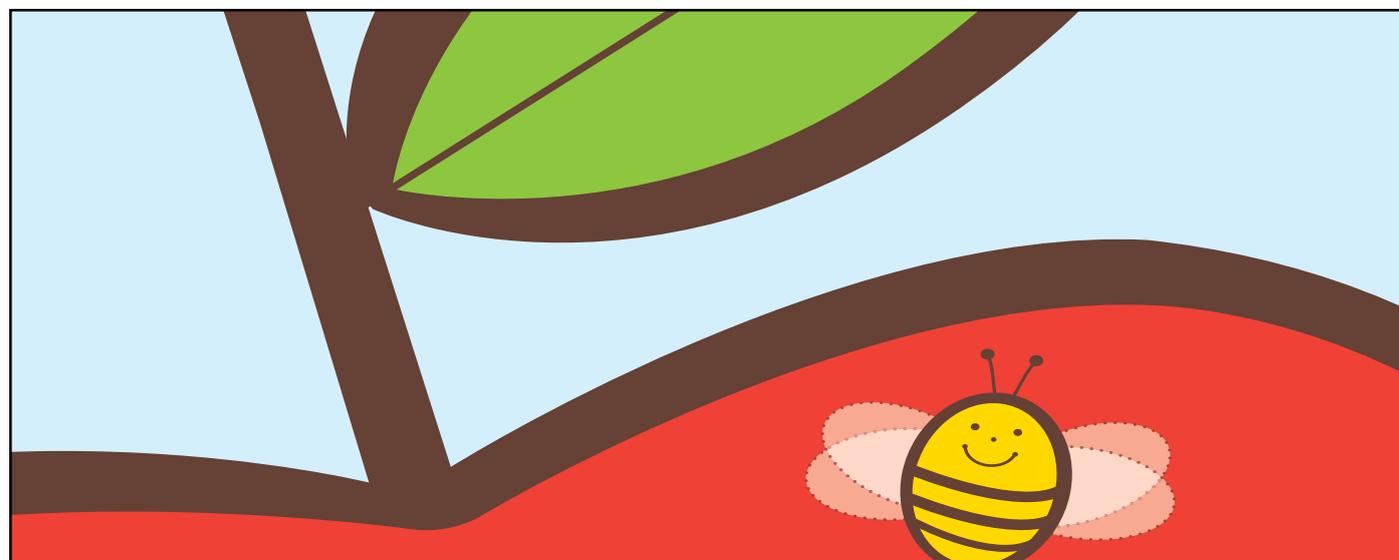
“A lot of the kids who wind up coming into my program were star athletes that gave up on the sport because they became addicted to the drug,” Gerber said. “They didn't know that they were addicted; they just knew that they loved it more than anything else.”

During a Q&A session at the end, both Gerber and Asrani had the opportunity to field questions from members of the community, as well as promote upcoming events. Perhaps most notably, that included a Narcan Training Session on Monday,

April 11, from 7 to 9 p.m. at the Cortlandt Community Center.

Narcan, a newly-developed opioid blocker injection, has recently been used several times by the local Drug Crisis Taskforce to save several people from dying of overdoses. Now available to the public without a prescription, people are urged to learn about how the injection can be successfully used to save lives.

For more information about Drug Crisis in Our Backyards and other local coalitions against drugs, visit www.drugcrisisinourbackyard.com.



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Support Connection to Honor Executive Director Quinn

continued from page 7

first-hand. "I first met Kathy in 1998 when my wife Nancy reached out to Support Connection for help. For the three years Nancy battled, Kathy was always there to lend encouragement and support to my wife and our entire family. To this day, she continues to exhibit this same concern and compassion to every woman who turns to Support Connection for help and hope," Murphy said.

Today, Support Connection serves over 500 different people each year, offering 11 support groups every month, a year-round calendar of educational and wellness programs, and one-on-one counseling provided by three full-time Peer Counselors. Volunteers continue to play an integral role too, helping with events and many other tasks, including high school and college interns who are given the opportunity to make a positive contribution to the world.

Throughout the past 20 years, Quinn has worked diligently to move Support Connection forward while remaining true to its original intent. She said, "The years have flown by. Our services have grown and we now have a full time staff of 7 incredible people, but our mission always remains the same: providing help and hope to anyone affected by a breast

or ovarian cancer diagnosis."

As Support Connection celebrates 20 years of service this year, the Board of Directors is delighted to honor Quinn with the Spirit of Love Award. Receiving the award means a great deal to Quinn as well, not just for the personal honor, but for how it represents Support Connection as an organization.

"Support Connection is a gift to so many people. Cancer support is our mission, but Support Connection stands for many other things as well. It's about the power of caring which brings people to-

gether to make life better. It's about having a dream and gathering the right people to make it a reality," Quinn said. "It's about setting an example, especially for young people, that giving back is good for the community and for the spirit. It's about creating the extraordinary by giving your all to the ordinary - a smile, a hug, taking a few minutes to listen. It's about love."

The Spring Benefit is Support Connection's second most important annual fundraiser. Proceeds help fund their free breast and ovarian cancer support serv-

ices and programs. In addition to the award presentation, the event will include a cocktail reception, dinner, music, and dancing. There will also be a silent auction and raffles with numerous valuable prizes.

To purchase tickets for the Spring Benefit, to pay tribute with a congratulatory Journal Ad, or to be an Event Sponsor, call 914-962-6402, email info@support-connection.org, or visit www.support-connection.org/spring-benefit. To donate to Support Connection, visit www.supportconnection.org/donate-now.

Free Film Showing in Mohegan Lake Saturday

On Saturday, April 9 at 7:30 p.m., the Yorktown Community Housing Board and the Fourth Unitarian Society of Westchester will be co-hosting a thought-provoking film that previously aired on PBS (Channel 13): *Race: The Power of an Illusion; The House We Live In*. After the film, there will be a

panel discussion / Q&A. Panel guests will include Marlene Zarfes, Director of Fair Housing, Westchester Residential Opportunities, and Debra Budetti, Co-Chair of the Communications Council of the Hudson Gateway Association of Realtors.

According to Ken Belfer, Chair of the Community Housing Board, "The topic of race has been in the news frequently in the past year. The film, produced by California Newsreel, reviews the history of race and housing in the U.S., and the impact of government policies. The panel discussion will look at our local community, from a realtor's perspective and from the perspective of an agency that does housing counseling and fair housing testing."

The event is free and open to all. There will be light refreshments. It will take place at the Fourth

Unitarian Society of Westchester, 1698 Strawberry Road, Mohegan Lake. For more information, call 914-528-1420.



PLAN TODAY FOR TOMORROW

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A Change in Perception About Getting Rid of 'Stuff'

For many years Jennifer Gurahian has been my recommended source for handling estate sales whenever I've had clients who were downsizing.

Only now when I am engaging her services myself have I experienced a change of perception about the process of getting rid of "stuff" no longer needed.

Counting what my wife and I had stored from a former antiques business as well as from a couple of other enterprises, we might as well have had a warehouse operation going in our 18th century farmhouse that is currently on the market. Why were we holding on to so many things? Sentiment? An overrating of our collectibles' value?

Whatever the reasons, we found that when it was time to let go of many possessions, we had an attic, basement and garage chock full of furniture, collectibles and other things as utilitarian as desks and file cabinets that had to be disposed of.

Well, rather than disposing of things, Gurahian has a different take.

"I'm in the business of bringing discarded items back to life, giving them new value and bringing new meaning to new people," she said when she arrived to assess our needs. "It can be overwhelming for the average person. It can be a full time job"

I totally agree; otherwise, I would have started on the assignment a long time ago.

Gurahian wasn't specifically trained to do what she does today – she's an anthropologist by education – but by any measurement is an expert at it. She started her business as a young single mother with a need for extra cash.



By Bill Primavera

"I would pick up discarded furniture on bulk trash pickup day, take it home, refinish it outside whenever the weather would permit and sell it either at flea markets or on consignment at antique shops," Gurahian said. "Today, with Craigslist and eBay, the process is quite different."

To support her experience of learning by doing, she took an appraisal course at Pratt.

"There they taught us how to find the best and highest use for an item in the market you're in," she said. "How much can you get for an item within your market? Really, there is no other value."

The process of re-purposing furniture and other items is fascinating to me and really quite time consuming. Gurahian comes to the homeowner's property to explain the process and to survey all the things to be sold. She then makes a proposal, which usually involves her earning a percentage of sales. When an agreement is made, a sched-



PHOTO BILL PRIMAVERA

Jennifer Gurahian handles estate sales to bring discarded items "back to life."

ule of visits is arranged in which she takes inventory of all items, does all necessary research on them, writing descriptions and taking photographs for the Internet. It's basically a full-service commitment where she communicates with interested buyers, arranges for payment and pickup or, for items to be mailed, packaging.

Why would anyone want to do this for a living?

"It's just something I was drawn to when I discovered all the things in my grandmother's attic," Gurahian explained. "I wasn't trained in this area...I'm just an educated lay person with a good eye."

"Early on, I found that pieces talk to you. Things are made with care and attention. And, they have meant something to somebody. When you're disposing of someone's

pieces, you're getting someone's experience with them, so it has meaning."

Looking at an English tea table I've had for many years, Gurahian spies a patch in the veneer and said, "Look at the craftsmanship and care that went into that mending. I think it adds value."

In terms of attaching the right price to pieces for an estate sale, Gurahian projects that she seeks the law of averages.

"You want to get the price right – or at least within 15 percent – 80 percent of the time, and the rest you want lucky high or lucky low," she said.

The work has been quite fulfilling for Gurahian.

"Working with furniture is very therapeutic," she said. "It speaks to you, yet doesn't talk back. And, the ability to bring something back to life is a very powerful metaphor."

Considering that moving can produce all kinds of stress, having this kind of service available is certainly a godsend, wouldn't you say? Jennifer Gurahian can be reached at jgurahian@gmail.com.

Bill Primavera is a Realtor® associated with William Raveis Real Estate and Founder of Primavera Public Relations, Inc. (www.PrimaveraPR.com). His real estate site is www.PrimaveraRealEstate.com, and his blog is www.TheHomeGuru.com. To engage the services of The Home Guru to market your home for sale, call 914-522-2076.

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- 6 1965 march site
- 11 Macho guys
- 12 Skirt fold
- 13 Housing bubble problem loans
- 14 Sleep spoiler
- 15 Belonging to a male chicken or a new burger restaurant in Mohegan Lake
- 18 Tire necessity
- 19 Transport in Genesis
- 20 Sue Grafton's "___ for Lawless"
- 23 Chain letters?
- 24 Cosmo, e.g.
- 25 Fury
- 26 Slippery sort
- 27 School advisory grp.
- 28 Pharmacist's milk
- 29 Apprentice
- 31 Participant
- 34 Like some bookstores
- 35 Presley song "Blue ___ Shoes"
- 36 Copious
- 37 Navigate
- 38 Fixes

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- 3 Wrong
- 4 Well-known loch
- 5 Operating
- 6 Unit used in ignition systems (2 wds)
- 7 Right-angled pipes
- 8 Green field
- 9 Ruin
- 10 You can bank at it
- 16 Meddler
- 17 Muse to poets
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- 21 In an angry manner
- 22 Breaks away
- 29 Knob
- 30 ___ Day (Wednesday)
- 31 Lunkhead
- 32 Reduce from the workforce
- 33 Golfing starting point
- 36 ___ you wish

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Solution on page 22

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Sun. April 10 at 7pm



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Wed. April 13 at 8pm



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Fri. April 29 at 8pm

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• 5/11 A Very Intimate Evening with Pat Benatar & Neil Giraldo (8pm) • 5/20 Grand Funk Railroad (8pm) • 5/27 Don Felder (8pm) • 6/2 Dr. John & The Nite Trippers (8pm) • 6/4 America (8pm)

• 6/10 Paul Reiser (8pm) • 6/18 Melissa Etheridge - M.E. Solo (8pm) • 6/25 Michael McDonald- Paramount 86th Anniversary (8pm) • 7/1 Satisfaction- Rolling Stones Tribute (8pm)

• 7/8 Ladysmith Black Mambazo (8pm) • 7/23 The Machine Performs Pink Floyd (8pm) • 9/9 Martin Sexton (8pm) • 8/5 War (9pm) •

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Happenings

The Northern Westchester Examiner We're happy to help spread the word about your community event. Please submit your information at least three weeks prior to your event and include the words "Happenings Calendar Submission" in your email subject line. Entries should be sent to Neal Rentz at nrentz@theexaminernews.com.com.

Tuesday, April 5

Mommy & Me: The free Mommy & Me program is conducted every Tuesday, from 9:15 to 10:15 a.m. at Lil' Sprouts Early Learning Center, a state-licensed daycare and nursery school for children 18 months and older. This non-sectarian and curriculum-based center is housed inside First Hebrew, just west of the Beach Shopping Center, at 1821 Main St., Peekskill. Contact Director Dawn Gianatiempo at 914-739-0504.

Farmers' Market: The Putnam Valley Grange Farmers' Market is held every Tuesday from 3 to 7 p.m. at the corner of Mill Street and Peekskill Hollow Road (Adams Corners).

Checkmate: A chess program is held every Tuesday at 4 p.m. at the Ossining Public Library, 53 Croton Ave. It is held in the second floor conference room. Info: 914-941-2416 Ext. 336.

Healthy Happy Hour: Healthy Happy Hours are held on Tuesday nights in Mahopac and another location may be added. Take a 10-day vacation from processed foods. Are sugary, fatty, easy-to-prepare, addictive junk foods making you feel sick and tired? Then reset your metabolism and break your addictions to unhealthy foods. For more information, contact Diane at 914-843-8745.

Wednesday, April 6

Seniors' Fitness Classes: Free fitness classes are being offered to seniors who reside in Peekskill. The schedule is: Monday, Tuesday, Wednesday – The Workout – 10 to 11 a.m. Thursday – Fall Prevention Class – 10 to 11 a.m. Friday – Zumba Gold – 11 a.m. to noon. Call Terri Dean at 914-734-4250 Ext.1 for more information. Classes are conducted at 4 Nelson Ave., downstairs from the library.

POUND Program The POUNDTM Fitness Program, a 45-minute full-body cardio and stress relief jam session, fusing Pilates, cardio, plyometrics isometric movements and poses, is offered at Theatre and Dance Arts 131 Bedford Rd. Katonah. Drop in or weekly discount rates available. The program is being provided on Wednesdays at 7:30 p.m. and on Saturdays at 11:45 a.m. Call Peggy for more information at 914 960-4097.

Bingo Wednesdays: Come to First Hebrew for \$2,000 in total guaranteed bingo prizes, plus an average of \$1,000 awarded in specialty games. Doors open 5 p.m. and games begin 7:15 p.m. every Wednesday (except holidays – check First Hebrew's website calendar). First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Info: 914-739-0500 or www.firsthebrew.org.

Torah Studies: Chabad of Yorktown, 2629 Old Yorktown Rd. is proud to announce season two (15 classes) of the Torah Studies course. The program brings you a series of stimulating text and discussion based classes that take place on a weekly basis. Our lessons will engage you in a multidimensional way by challenging you intellectually, spiritually and emotionally. They explore contemporary issues through a Torah perspective as well as tackling timeless questions in the Jewish tradition. The classes are open to all, whatever your level of learning may be. The full season fee of \$36 includes the textbook. Each class is independent. For more information, to view the topics of the classes, or to register visit: www.ChabadYorktown.com, or call 914-962-1111.

Field Library Poetry: Celebrate Poetry Month with poetry readings every Wednesday night from 6 to 8:30 p.m. at the Field Library, 4 Nelson Ave. in Peekskill. Info: 914-737-1212 or peekskill.org.

Thursday, April 7

Taste Of Talmud: Every Thursday morning from 10:30 a.m. to noon at the Yorktown Jewish Center, 2966 Crompond Rd. Wendy Segal conducts a class: titled "A Taste of Talmud" She discusses "How Jewish Thinking by our Sages Informs Our Lives Today." Come join our lively weekly class (in its sixth year!) which discusses contemporary ethical issues in light of the wisdom of the Talmud and our sages. No prior Jewish knowledge or Hebrew reading is necessary. Everyone is welcome. Info: 914-245-2324 or yorktownjewishcenter.org.

Cancer Support Group: A Breast and Ovarian Cancer Support Group meets on the first Thursday of the month, at 10 a.m. in the Yorktown offices of Support Connection. 40 Triangle Center, Suite100, Yorktown. Advance registration is required for all groups; call 914-962-6402 or 800-532-4290. For a complete calendar of groups at all locations, visit www.supportconnection.org

Friday, April 8

Job Hunting Help: Free drop-in, hands-on assistance with online applications, resume writing, e-mail accounts and more is held on Fridays from 11 a.m. to 1 p.m. in the second floor conference room at the Ossining Public Library, 53 Croton Ave. Assistance is offered on a first-come, first-serve basis. This is not a computer class. Info: Cheryl at 941-2416 Ext. 315.

Jewish Center Services: At the Yorktown Jewish Center, 2966 Crompond Rd. Friday night Sabbath services in the win-

ter will begin at 6:15 p.m. and Sabbath services on Saturdays will be held at 9:15 a.m. On most Saturdays, after the services Rabbi Sternstein conducts a learning session based on the Torah portion of the week. Light refreshments are served and everyone is invited to join us as we share in the warmth, knowledge and friendship within our congregation. Info: 914-245-2324 or yorktownjewishcenter.org.

Temple Beth Am Services: Every Friday evening at 8 p.m. Temple Beth Am, 203 Church Pl., Yorktown, "opens its doors to all who enter" for Shabbat. Our modern Sabbath service has a spiritual and engaging feel while following traditional modes. For information, please call our Rabbi at 914-962-7500 or e-mail him at rabbiw@optonline.net. Tonight, a Welcoming Shabbat for Tots will be held at 5:30 p.m.

Saturday, April 9

Overeaters Anonymous: Worried about the way you eat? If food rules your life, Overeaters Anonymous may have the answer for you. There is no weight-ins, dues or fees. The group meets on Saturdays from 8:30 to 9:30 am at the fourth floor conference at the Graymoor Spiritual Life Center, 1350 Route 9, Garrison. Info: call/text Lisa at 917-716-

Flea Markets: Yorktown Grange Flea Markets will be held on April 9 and 10 and May 21 and 22 from 9 a.m. to 3 p.m. at 99 Moseman Road, Yorktown. Want to get rid of the stuff in your attic or garage but don't want to have your own tag sale? Get a space at the Yorktown Grange Flea Market. The cost is \$50 per weekend per space. Proceeds go to support Yorktown Grange. For more information please e-mail yorktowngrangeflea@gmail.com.

Shabbat Morning Services: Chabad of Yorktown, 2926 Old Yorktown Rd., holds services on Saturday mornings. They are easy-to-follow services with Hebrew/English prayer books, a friendly environment and no affiliation is necessary. Kiddush luncheon follows the services. Services begin at 10 a.m. For more information visit www.ChabadYorktown.com or call 914-962-1111.

Ossining Farmers Market: The Ossining Down to Earth Farmers Market is being held outdoors every Saturday from 9 a.m. to 1 p.m. at the corner of Spring and Main Streets. Customers old and new will find delicious produce, pasture-raised meat, poultry, and eggs, breads, baked goods, and much more. For a full list of our markets and vendors, visit DowntoEarthMarkets.com.

Babysitting Workshop: The workshop Essential Knowledge for the Smart Sitter will be held from 10:30 a.m. to 2 p.m. at

the Somers Library. Want to know all the ins and outs of babysitting? Bring lunch, a drink, a pencil and a notebook. Certificates of completion will be distributed at the end of the class. The program is intended for tweens and teens in the fifth grade and older. Space is limited. Register at somerslibrary.org or by calling 914-232-5717. The program is funded by the Friends of the Somers Library.

Disney Event: Disney's Choo Choo Soul with Genevieve will perform at 11 a.m. and 3 p.m. at Paramount Hudson Valley. Imagine a diverse and incredibly hip duo, teaching children through music on an animated train...and Disney's Choo-Choo Soul is born. Info: 914-739-0039 or send an e-mail to paramounthudsonvalley.com. The theater is also on Facebook and Twitter

Yoga Program: Support Connection announces a free weekly program Yoga: A Path Toward Wellness will be held every Saturday in march from noon to 1:30 p.m. at Club Fit in Jefferson Valley. The program is open to people living with breast, ovarian and gynecological cancers. To learn more or to pre-register, which is required, call Support Connection at 914-962-6402 or 800-532-4290.

Magic The Gathering: Magic the Gathering Club for middle and high school students meets every Saturday through June 11 from 2 to 4 p.m. at the Somers Library. Beginners and new members are welcome. Info: 914-232-5717.

Free Film Screening: "Race: The Power of an Illusion" will be screened, at no charge, at 7:30 p.m. at the Fourth Unitarian Society of Westchester, 1698 Strawberry Rd., Mohegan Lake. The film is about housing patterns in the 20th Century. The two-hour program will include a panel discussion, a Q & A session and light refreshments. Info: 914-528-1420.

Sunday, April 10

Passover Model Seder: A Passover Model Seder will be held from noon to 2:30 p.m. at the Yorktown Jewish Center, 2966 Crompond Rd. Cantor Isabel Kopstein will lead the Seder, with explanations and songs in English and Hebrew. The cost is \$10 for adults and \$5 for children under 13. The Seder meal will consist of a taste of eggs, veggie, charoset, matzah and macaroons. RSVP by April 6. For more information, please contact: 914-245-2324.

Katonah Museum Exhibit: The Nest, an exhibition of art in nature, will be held through June 19 at the Katonah Museum of Art, 134 Jay St. The exhibit is examining the beauty and symbolism of the nest in art and culture. It includes real bird's nests from the Yale Peabody Museum of

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Natural History collection alongside 25 works by 18 contemporary artists, as well as a selection of Pre-Columbian feathered textiles. The exhibit can be viewed Tuesdays through Saturdays from 10 a.m. to 5 p.m. and on Sundays from noon to 5 p.m. The museum is closed on Mondays. Regular admission is \$10; \$5 for seniors and students and free for museum members and children under 12. The exhibition Web site is <http://www.katonahmuseum.org/exhibitions/TheNest/> Info: 914-232-9555 or katonahmuseum.org.

Healing Yoga: Yoga classes for women with breast cancer are held at 5 p.m. on Sundays at Hudson Yoga, 5 Old Post Rd. South, Croton-on-Hudson. Weekly classes are being conducted by rotating instructors. The suggestion is \$15. Info: Elisha Simpson at 914-319-4010 or send an e-mail to info@laughingheartsoyoga.com

Bingo: Bingo will be played tonight and on April 17 and May 1 and 15 at the Yorktown Jewish Center, 2966 Crompond Rd. The doors will open at 5 p.m. and play begins at 6:30 p.m. There will be \$3,000 in prizes awarded during

each Sunday session. Food will be available. Info: 914-245-2324 or yorktown-jewishcenter.org.

Kansas Concert: Kansas will perform at 7 p.m. at the Paramount Hudson Valley. Tickets are \$50, \$60 or \$70. Kansas celebrated its 40th anniversary as a band in 2013. Info: 914-739-0039 or send an e-mail to paramounthudsonvalley.com. The theater is also on Facebook and Twitter.

Monday, April 11

Musical Munchkins: The Yorktown Musical Munchkins meet on Mondays from 9:30 to 10:15 a.m. at the Yorktown Stage Theater in room 12. The program is for older babies up to the 1's. Free trial classes are offered. Info: 914-771-7000 or www.musicalmunchkins.com.

Hebrew Review Class: Increase your ability to read and comprehend Hebrew prayers at this free weekly class at First Hebrew. It meets for 45 minutes starting at noon every Monday. Info: 914-739-0500 or fhc@firsthebrew.org. First Hebrew is just west of the Beach Shopping Center at 1821 Main St., Peekskill. Visit www.firsthebrew.org.

Swim Lessons: Society Hill 2 Recreation Center, 2 Campus Drive, Peekskill, is conducting a new session of swim lessons led by an American Red Cross Instructor in heated pool. Eight week sessions include one free swim per week. Call Terri at 914-737-4909 for more information.

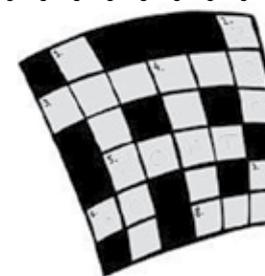
Free Jazz Sessions: Free Jazz Jam Sessions are being held every Monday at The Winery at St. George, 1715 E. Main St., Mohegan Lake. Info: 914-455-4272.

Poetry Jam Jr.: The Field Library, located at 4 Nelson Ave. in Peekskill, invites all children and adults to celebrate National Poetry Month with us at our annual Poetry Slam, Jr. at 4:30 pm. Children and adults can share a poem they love, written by themselves or by a favorite poet. Good listeners of all ages are invited to be a part of our audience. For more details, contact the library at 914-737-0847. Or check our Frog Blog (www.fieldkids.wordpress.com).

Tuesday, April 12

Resume Trends: The free workshop Latest Trends in Resumes will be held from 6:30 to 8 p.m. at the John C.

Hart Memorial Library, 1130 E. Main St., Shrub Oak. The program will be conducted by a professional counselor. Learn how to transform your resume into a marketing document. Find out about different formats. Understand how to post your resume on job boards. Register at <http://www.yorktownlibrary.org> or by calling 914-245-5262 Ext. 227.



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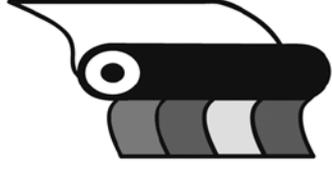
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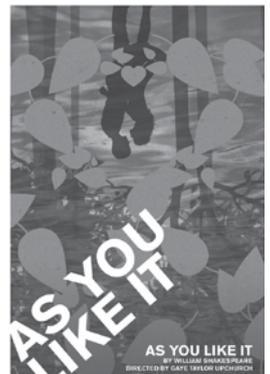
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LEGAL NOTICES

NOTICE OF ANNUAL PUBLIC HEARING ON BUDGET, ANNUAL MEETING, SCHOOL DISTRICT ELECTION, LIBRARY ELECTION AND VOTE NOTICE IS HEREBY GIVEN that the Board of Education of the Chappaqua Central School District, Westchester County, New York will hold a Public Hearing on the Bud-

get at the Commons at the Horace Greeley High School, Chappaqua, New York, on Wednesday, May 4, 2016 at 7:30 p.m., for the purpose of presenting the budget document for the 2016-2017 school year. **NOTICE IS FURTHER GIVEN** that a copy of the statement of the amount of money which will be required for School District purposes during the 2016-2017 school year (the Budget), including the tax exemption reporting form, exclusive of public moneys, may be obtained by any resident of the District during business hours, effective April 14, 2016, except Saturday, Sunday or holidays, at each of the District's school houses and the Administrative Offices. **NOTICE IS FURTHER GIVEN** that the Annual District Meeting, Election of Members of the Board of Education and Library Trustees and Vote on the School District and Library budgets, will be held on Tuesday, May 17, 2016, at the Gymnasium of the Horace Greeley High School, Chappaqua, New York, between the hours of 7:00 a.m. and 9:00 p.m., prevailing time, when the polls will be open for the purpose of voting by voting machine:

A. To elect two (2) members to the Board of Education, 3-year terms each, commencing July 1, 2016 and expiring on June 30, 2019.

B. To vote upon the appropriation of the necessary funds to meet the estimated expenditures for School District purposes for the 2016-2017 School year (the Budget).

C. To vote upon the appropriation of the necessary funds for the 2016-2017 fiscal year of the Chappaqua Central School District Public Library (the Library Budget).

D. To elect one (1) member to the Board of Trustees of the Chappaqua Central School District Public Library, 5-year term, commencing July 1, 2016 and expiring June 30, 2021 and one (1) member for a term effective upon taking the oath of office and expiring on June 30, 2017.

E. To vote on any other proposition legally proposed.

NOTICE IS FURTHER GIVEN that petitions for nominating candidates for the office of member of the Board of Education and office of Library Trustee must be filed with the District Clerk by no later than 5:00 p.m. on Monday, April 18, 2016. Vacancies on the Board of Education and Library Board are not considered separate, specific offices; candidates run at large. Nominating petitions must be signed by at least twenty-five qualified voters of the District, shall state the residence address of each signer and the name and residence of the candidate. Petition forms may be obtained from the District Clerk on weekdays when school is in session, during regular business hours, 8:30 a.m. to 4:30 p.m. at her office at the District's Education Center, 66 Roaring Brook Road, Chappaqua, New York.

NOTICE IS FURTHER GIVEN that registration of voters is required pursuant to Section 2014 of the Education Law. If a voter has registered to vote with the School District and has voted at an Annual or Special School District meeting within the last four calendar years, (after January 1, 2012) s/he is eligible to vote at this Election and Vote. If a voter is currently registered to vote with the Westchester County Board of Elections, s/he is also eligible to vote in this Election and Vote. All other persons who wish to vote must register. Registration may be done on any business day at the Office of the District Clerk, during business hours, at the Education Center at 66 Roaring Brook Road, Chappaqua, up to May 12, 2016, five (5) days prior to the election and vote. Any person possessing all of the following qualifications may register to vote:

1. Is a citizen of the United States; and
2. Is eighteen years of age or older; and
3. Has resided in the School District for a period of thirty days immediately preceding the day of the Election and Vote.

NOTICE IS FURTHER GIVEN that the register of voters so prepared shall be filed in the Office of the School District Clerk and shall be open for inspection by any qualified voter of the District between the hours of 8:30 a.m. and 4:30 p.m., prevailing time, beginning May 12, 2016, except Sunday. Said register will be open for inspection at the polling place on the date of the election and vote.

NOTICE IS FURTHER GIVEN that, applications for absentee ballots for the Annual Meeting, School District Election and Vote may be obtained at the Office of the School District Clerk, at least seven (7) days prior to the election if the ballot is to be mailed or the day before the election, if the ballot will be picked up personally by the voter. Absentee ballots must be received by the District Clerk by no later than 5:00 p.m., prevailing time, on May 17, 2016.

NOTICE IS FURTHER GIVEN that the Board of Registration shall meet at Horace Greeley High School on Tuesday, May 17, 2016, during the hours of voting as aforesaid for the purpose of preparing a register of qualified voters for meetings to be held subsequent to such election and vote. **NOTICE IS FURTHER GIVEN** that a list of all persons to whom absentee ballots shall have been issued will be available for inspection from qualified voters of the district in the said Office of the District Clerk during regular office hours, 8:30 a.m. to 4:30 p.m., prevailing time, until the day of the Annual Meeting, Election and Vote. Any qualified voter may file a written challenge of the qualifications of a voter whose name appears on such list, stating the reasons for the challenge.

AND BE IT FURTHER RESOLVED, that the School District Clerk is hereby authorized to amend the Notice of the Public

continued on next page

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continued from previous page

Hearing on the Budget, Annual Meeting, Election and Vote, from time to time, as in her discretion, such amendment may be required.

AND BE IT FURTHER RESOLVED, that the School District Clerk shall cause Notice set forth above to be published once each week for four (4) weeks within the seven (7) weeks preceding the Annual Meeting, Election and Vote, the first such notice to be published at least 45 days prior to the Election and Vote, in accordance with Section 2004 of the Education Law.

BOARD OF EDUCATION CHAPPAQUA CENTRAL SCHOOL DISTRICT WESTCHESTER COUNTY, NEW YORK by: Therese Dell'olio District Clerk Dated: March 31, 2016 To Be Published: April 5, April 19, May 3, and May 10, 2016

The Articles of Organization of **Clearstone Wealth Strategies, LLC** were filed with Secretary of State of New York (SSNY) on February 24, 2016. Office location: Westchester County, New York. The SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of the process to **45 Knollwood Road, Elmsford NY 10573**. Purpose is: to operate a financial advisory service and wealth management service and to do all lawful acts or activities for which limited liability companies may be organized.

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY ("LLC") ENYGMA BEAUTY AND WELLNESS PRODUCTS LLC Articles of Organization filed with the Secretary of State of New York (SSNY) on 112512016. Office Location: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **The LLC, 8 Castle Heights Place,**

White Plains, NY 10603. Purpose: Any lawful purpose.

Notice of Formation of Arizona Holdings Group, LLC Arts of Org. filed with Sect'y of State of NY (SSNY) on 3/15/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served, SSNY shall mail process to: **222 Bloomingdale Rd, Ste 116, White Plains, NY 10605. Purpose: any lawful activity.**

Notice of Formation of Sands Light Capital, LLC Arts of Org. filed with Sect'y of State of NY (SSNY) on 3/11/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served, SSNY shall mail process to: **222 Bloomingdale Rd, Ste 116, White Plains, NY 10605. Purpose: any lawful activity.**

Notice is hereby given pursuant to the **NYS Alcoholic Beverage Control Law**, that Monteverde at Oldstone Manor, Inc., located at 28 Bear Mountain Bridge Road, Cortlandt Manor, Westchester County, NY 10567, has applied for a license(s), Serial Number 1293207, to sell wine, beer, and spirits for retail on-premises consumption.

Notice of formation of Lux Global Partners, LLC. Art. Of Org. filed with SSNY on 02/29/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: any lawful purpose.**

NOTICE IS HEREBY GIVEN that the Final Assessment Roll for the **Village of Pleasantville, Pleasantville, New York** for the Fiscal Year 2016/17 has been com-

pleted and filed in the Office of the Village Clerk, 80 Wheeler Avenue, in said Village on the 1st day of April 2016 where same will remain open to public inspection for fifteen days from the date of the notice.

Judith Weintraub Village Clerk, Village of Pleasantville, Westchester County, New York

LEGAL NOTICE Notice of Formation of Bygone Candle Company LLC filed with Secretary of State of NY (SSNY) on 2/22/2016. Office Location: Westchester County. SSNY is the designated agent upon whom process against it may be served. SSNY shall mail process to: **15 Winslow Rd, White Plains, NY 10606. Purpose: any lawful act.**

whom process against it may be served. SSNY shall mail process to: **Genevieve Laurent, 67 Sedgwick Avenue, Yonkers, New York 10705. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF: 7 JONES LLC Art of Org. filed with SSNY on February 20, 2015. Office Location: Westchester County, SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **53 Post Street, Yonkers, NY 10705. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF ELEMENTAL EVENTS, LLC also recognized as e2 markets, and e squared markets. as

NOTICE OF FORMATION OF FAULKNER FABRICATORS, LLC Art. of Org. filed with SSNY on 12/16/15. Office location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: **Faulkner Fabricators, LLC, 74 Lyons Place, Mt. Vernon, NY 10553. Purpose: any lawful purpose.**

NOTICE OF FORMATION OF: Connected Healthcare Technologies, LLC, office in Westchester County; Articles of Organization filed with SSNY on 2/17/2016. SSNY designated agent of LLC upon whom process may be served. SSNY shall mail a copy of process to: the company, c/o **Sarah Ball, 80 Central Avenue, Rye, NY 10580. Purpose: any lawful acts or activities.**

Notice of formation of Laurent & Altieri, LLC. Art. Of Org. filed with Sect'y of State of NY (SSNY) on 02/05/2016. Office in Westchester County. SSNY has been designated as agent of the LLC upon

filed with Secy. of State of NY(SSNY) on 1/7/2016. Location: Westchester County. Company's agent for service of process is **Rocket Lawyer Corporate Services, LLC, 90 State Street, Suite 700, Albany, New York 12207. Purpose: any lawful activity.**

NOTICE OF FORMATION OF 425 First Realty, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on March 11, 2016. Office location: WESTCHESTER County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: **926 Wynnewood Road, Pelham, NY 10803 The principal business address of the LLC is: 926 Wynnewood Road, Pelham, NY 10803 Purpose: any lawful act or activity**

FEDER KNIVES LLC NOTICE OF PUBLICATION Pursuant to Section 206 of the New York Limited Liability

continued on next page

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Company Law, this is a notice of publication of Feder Knives LLC, a New York limited liability company (the "Company"). The Company's Articles of Organization was filed with the New York Department of State on February 10, 2016. The office of the Company is located in Westchester County, New York. The New York Secretary of State has been designated as agent of the Company upon whom process against it may be served and the post office address within this state to which the Secretary of State shall mail a copy of any process against the Company is 725 Hudson Avenue, Peekskill, NY 10566. The registered agent of the Company is **Geoffrey Feder, 725 Hudson Avenue, Peekskill, NY 10566. The Company is a manufacturer and seller of custom-made knives.**

Notice of formation of limited liability company Shadow Moses, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 01/14/2016. NY office location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. The post office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is **424 Central Ave 2nd Floor, Peekskill, NY 110566. Purpose/character of LLC: 3d Printing & Online Retail**

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Obituaries

continued from page 9

Montrose, died April 1. He was 81.

He was born to John H. and Elinor H. (Bailey) Kavana on July 12, 1934 in Peekskill. Mr. Kavana was a member of the Cortlandt Engine Company in Montrose, as well as a dedicated parishioner of the Reformed Church of Cortlandtown in Montrose. He owned Jan's Candy Store and also retired from the Water Department in the Town of Cortlandt.

He is survived by his loving siblings Robert K. Kavana, Scott T. Kavana (Nancy), Marcia Jill Wolf (Ronald), dear cousin Herbert Wienkoop (Jeanne) and his children Cathy, Jill and Sara, and by many cherished nieces and nephews.

Michael Feldman

Michael Paul Feldman, a longtime resident of Cortlandt, died March 29. He was 70.

He was born September 26, 1945 in Mt. Kisco, to Herbert and Irene Feldman. Mr. Feldman was a veteran of the U.S. Air Force, and a retired detective sergeant in the Westchester Dept. of Public Safety.

He is survived by his wife, Barbara Kelly, three daughters, Miki (Frances) Nero, Tara Mann, and Jennifer Feldman,

and five grandchildren, Kaitlyn and Joshua Nero, Joseph, Kaylee, and Cody Jack Mann. He is also survived by his two beloved yorkies, Tessa and Timmy. "Michael will be remembered by his family as an outgoing, friendly, and curious person, as well as a shopaholic!"

Clara McPhee

Clara M. McPhee, a lifelong Peekskill resident, died March 31. She was 71.

She was born April 29, 1944 and was a homemaker. She was an avid walker. She is survived by two sons; Malcolm McPhee IV and Charles (Lena) McPhee, two daughters; Clara (Brian) Broche and Belinda McPhee, two brothers, three sisters and 12 grandchildren. Her husband, Malcolm, predeceased her in 1994.

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SPORTS SECTION

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RAY GALLAGHER PHOTO

Yorktown 2B Andy Greene (L) and the upstart Huskers, who hope to make some noise on the Class A circuit this season, made short work of Mike Dellabate (R) and the Putnam Valley Tigers in the Huskers' 6-1 win over the host Tigers last Thursday when Husker hurlers James Sharkey and Jack Kelly combined to whiff 17 Tigers. Dellabate swiped second on Greene (above) and scored the Tigers' lone run... see Baseball Notebook

Yorktown, Lakeland Impressive in Season Openers

Huskers Drub Put Valley, 6-1; Hornets Shut Down Carmel, 6-0

By Ray Gallagher
Examiner Sports Editor
@Directrays

The bulls-eye will be on the backs of reigning NYS champions: Class AA Mamaroneck and Class A Byram Hills, as well as Section 1 titlists Class B Albertus Magnus and Class C Tuckahoe. And after a down year in this neck of the woods in 2015, we might have some contenders to the throne in 2016.

So there's a chance that YORKTOWN High could be a player on the Class AA diamond this spring, if the Huskers' top pitchers stay healthy and Coach Sean Kennedy can find a viable backstop to catch them. The pitching duo of Jimmy Sharkey and Jack Kelly looked lethal in last Thursday's 6-1 win over Class B host Putnam Valley when they combined to send 16 Tigers in search of bench via K-Way, an unpleasant yet oft-traveled route for PV.

"They will be as good a 1-2 pitching duo as anyone has and we have some depth behind them," Kennedy said.

While the Tigers were picking splinters, the Huskers (13-8 last year) were doing damage behind Joe Veca, who went 2-for-5 with four RBI. It was the kind of outing Coach Kennedy had hoped to see more of while Yorktown was doing sub-par work in Florida. Yorktown saw its top of the order do its job, setting a mean table for the heart of the order. Leadoff hitter Jake Bichler scored two runs off a hit and a walk, and two-hitter Matt Boccia singled, walked twice and scored twice. Tanner Dyslin had a hit and a ribbie for the Huskers (1-0), who will rely on those



RAY GALLAGHER/RICK KUPERBERG PHOTOS

Put Valley's Mike Dellabate swipes 3B on Yorktown's Joe Veca (20) in 6-1 Husker win.

guys as Yorktown seeks its first sectional title since 1995.

"I'll be honest; the coaching staff didn't love what we saw in Florida," Kennedy said. "Before we left we thought we had a team that could compete in AA, but we didn't put our best foot forward down south. We're hoping our pitchers can carry us to a big year because we think we have some talent here."

PUTNAM VALLEY (0-1) thought it had some talent, too, but contact is essential and Coach Joe Natalie's youthful Tigers struggled to put the ball in play.

Mike Dellabate generated a 1-0 lead in the second with a walk, two steals and a run, but both Sharkey and Kelly were practically unhittable after that; even shutting down PV's 3-4 hitters OF Zach Girvalo and Dellabate, who were held hitless, as the Tigers struck for just two hits, including an RBI single from losing P John Rainieri. Sharkey worked four innings, allowing two hits, three walks and a run while fanning nine. Kelly worked the final three frames, allowing just two walks. He whiffed seven and walked two.

One bright spot for the Class B semifinalists Tigers was the two-1/3rd impressive innings chucked by freshmen P John Millicker, who did not allow a run. Girvalo, Dellabate, Jake Reyes and Charlie Pagani provide solid senior leadership for the Tigers (15-7-1), but

they may lack the arms to make a legit run at the elusive Class B flag.

LAKELAND opened its 2016 campaign with an impressive 6-0 rout of Carmel last Saturday. The Hornets (14-8 last season) look like they mean business this season as they are rich in pitching with senior hurlers Rick Burrioni, Kyle Peterson (upon his return to the lineup) and Richie Vetrano chucking pure gas at opposing hitters this season. That is a downright dirty trio.

Vetrano was all over Carmel, posting a one-hit shutout and essentially telling everyone the Hornets are in it to win it this year. Vetrano had some early issues but was filthy throughout.

"I was struggling a little in the beginning," the Manhattanville-bound chucker admitted, "but after the second I settled down and was able to throw my fastball for strikes consistently and mixed in the curve every once in a while. We're feeling really good after this first W. Hopefully, there's more to come."

He got all the support he would need from Northeastern-bound OF Burrioni (3-3, sac fly, 2 RBI), 2B James Houlahan (3-4) and versatile IF/P Matt O'Dair (2-4, 2 RBI), who are all expected to be major contributors this season, as is Patrick Morelli (P/1B).

Second-year, no-nonsense Coach Bill Casey could be looking at a serious contender with seniors, speedy OF Dom Dellicurti (aka,

the famous Dom Delirious) and SS Trevor McCarthy (a three-sport standout), anchoring the defense for the current League 1-B champions, who earned the No. 5 seed in the Section 1 Class A tournament last year before falling in the quarterfinals.

After being eliminated by John Jay last year, we get the feeling this Lakeland unit could make a legit run at a Class A flag, what would be the fourth in program history and the first since Richmond-bound P John de Marte and Co. did so back in 2010.

"Lakeland can swing it, they've got some very nice bats," Carmel boss Ryan Dall admitted.

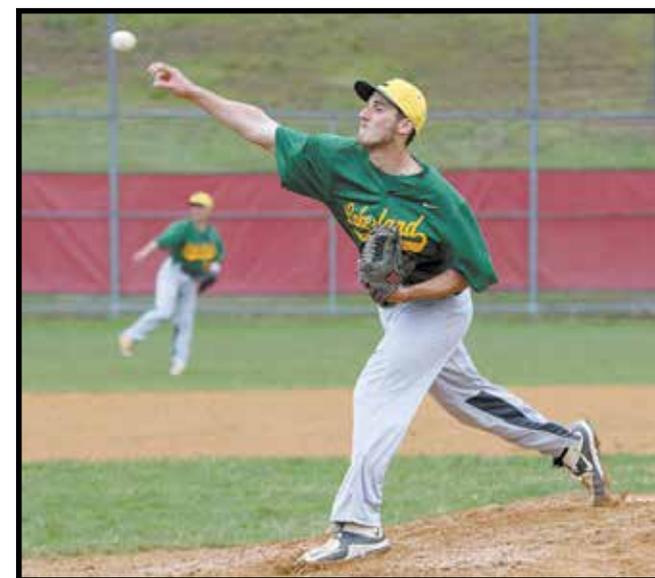
MAHOPAC (13-7) was set to open against Put Valley on Saturday but Mother Nature failed to cooperate, and she's expected to have an impact on the rest of the opening week as temps were expected to drop significantly. Coach Chris Miller's Class AA Indians have senior leaders but very little experience, as most of the seniors did not see a lot of time as juniors. Eight key players graduate, including two All-Section players, ace Cal Lawrence and Joe Fichera.

Senior All-League C Greg Cavaliere will lead the team and senior pitchers Brendan White and Anthony Mirditaj will backbone the staff. Rangy junior SS Pat McGee is not your prototypical middle IF but he can pick it and stroke it just the same.

"Brendan will be one of our top two pitchers," Mahopac skipper Chris Miller said. "He has made great strides over the past two years and I really excited to see him go this year. Anthony will be the other top pitcher we have. He has put in a ton of work over the past year and he is seeing the benefits this spring. He should have a really good senior year. Cavaliere is our all-around best player. He does a great job behind the player making sure



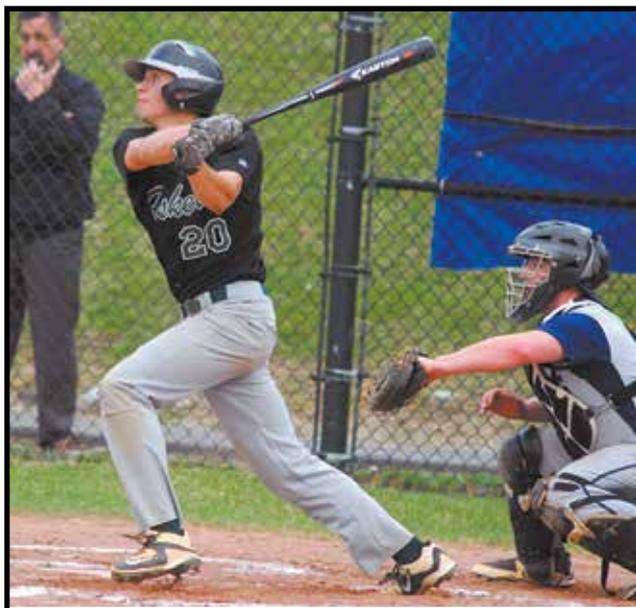
Yorktown's Tanner Dyslin reacts to a call he doesn't necessarily agree with in 6-1 win over Put Valley.



Lakeland hurler Richie Vetrano shut down Carmel with a one-hit shutout in 6-0 win over Rams.

Sports

Baseball Notebook



Yorktown's Joe Veca knocked in four runs in 6-1 win over Putnam Valley.



Yorktown SS Jake Bichler slides in safely to 3B as Put Valley's John Millicker fields throw in Huskers' 6-1 win over Tigers.

our defenses are in the right position and handling the pitchers. He will hit third in our order and he gives us a legitimate bat in the middle of the lineup."

CARMEL (9-13) did not impress in its season opener for second-year Coach Ryan Dall, but it's a long season and the



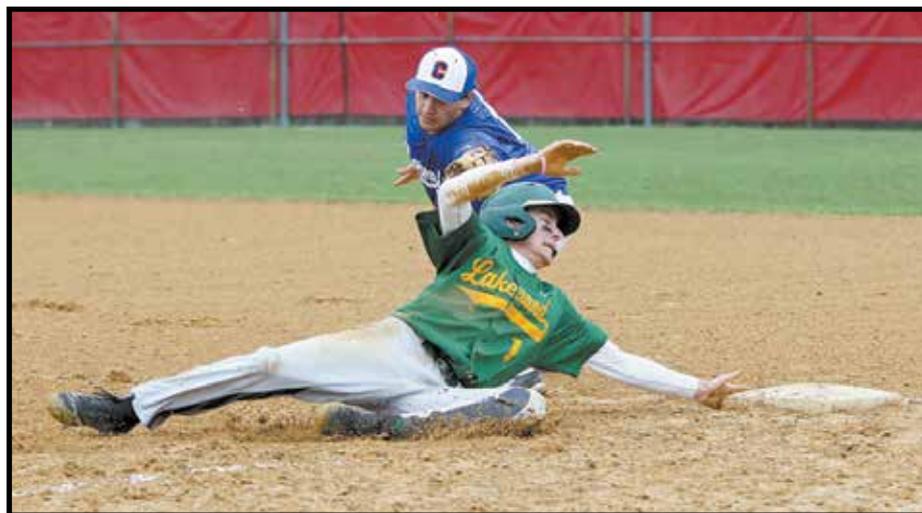
Yorktown hurler James Sharkey toyed with Put Valley hitters in 6-1 win, whiffing nine in four frames.

Rams have time to turn it around and make their annual proressions through Class AA. After losing in the opening round of sectionals to Mamaroneck last season, the Rams return some key players this season, including seniors 1B Sammy Ferranto, P/3B Chris Palmiero, P/RF Tyler McMath and C/P Chris Dietz.

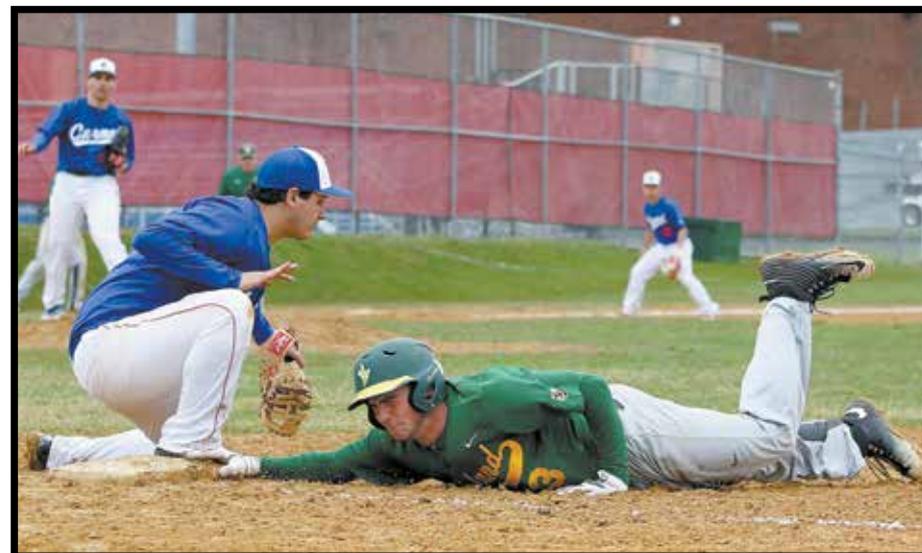
"Palmiero and McMath will give us a solid 1-2 combination to start our rotation and we have some younger pitchers looking to contribute and hopefully fill in as a third starter for us," Dall said. "Our lineup will need to do a better job with two strikes this year to be successful. Defensively, we should have a strong middle and we look to improve on our late inning defense that really struggled last year. We are looking forward to the start of the season and seeing how this team has progressed from last year. We have some

good senior leadership and look forward to getting some solid contributions from some newcomers."

SOMERS ran in to Byram Hills, the reigning Class A champs, in the playoffs last year and saw just what it takes to play at this level in a 10-0 playoff loss, so, behind seniors C Nick Trujillo, P/3B Paul Franzese, 2B Chris Swee and 1B Frank Bele, the Tuskers got busy in the off-season and bought in to Coach Joe Wootten's program. Two juniors to watch closely are SS Matt Pires and CF Marc Maestri, who anchor the middle of the defense. It all boils down to pitching and defense and, after a season with some defensive issues, that remains a question mark at Somers. Maestri is the ace of the staff and senior Rich Frommelt is



Carmel 1B Sammy Ferranto can't slap the tag on Lakeland's James Houlahan in 6-0 Hornet win.



Lakeland's Pat Morelli slides back safely into 1B as Carmel's Sammy Ferranto slaps a late tag in 6-0 Hornet win.

the current No.2. Somers gets a strong test right out of the gate against Class B heavyweight North Salem on April 5th.

"Pitching, pitching and more pitching will be the key," Wootten said. "We have lefty Marc Maestri coming back on the bump. We are projecting him to get the ball once a week and give us a shot to win. He controls the zone with a variety of pitches and works very well in rhythm. We need to create runs with the combination of SS Matt Pires and 2B Kris Swee. These two need to be on-base monsters. We hope to have 3B Paul Franzese, C Nick Trujillo, and 1B Frank Bele driving them in."

PANAS (12-10 last year) lost a lot to graduation but 16th-year Coach Anthony Fata has a couple of youngsters worth mention, including three beefy sophomores in young John Young (C/O), Peter Andersen (1B/P) and Frank Bukovsky (3B), plus another soph Jake Jemty. They wouldn't be up on the varsity if they didn't have talent. Senior Greg Karales hit .357 last year in 12 games and should see a boost this year. Dirty junior P Brian Dinnen hit nearly .300 as a sophomore, and pitched to the tune of a 0.32 ERA over 21 IP, He should anchor the staff this season with Tim Feliz and Nick Cona.

BREWSTER opened its season with an impressive 13-5 season-opening win over Lourdes. Bear Matt Catalano

completed the tricky part of a cycle but failed to single as he homered, tripled and doubled to lead a 13-hit attack to support winning P Nathan Beal, who worked 5-2/3 innings and gave up just one earned run for the win.

HEN HUD posted a 6-3 win over Arlington B behind ace Matthew "Boomer" Vigliotti, who chucked a six-hitter with three K's. Joe Grullon (3 RBI, run), Jack Attinelly (2 hits, 2 RBI, run) and Jack Kelly (2 hits, RBI, run) led the Sailor attack.

HALDANE has a real nice battery in place when ace Brian Haines chucks to backstop Aidan Siegel. Pitchers Ryan Duffy, Nick Chiera, Siegel, Kyle Kenny and Anthony Sinchi give Coach Tom Virgadamo substantial depth on the hill as the Blue Devils look to get back to the mountaintop after a sub-par 2015 season, which put an end to the Blue Devils' reign as three-time defending champions (2012-14).

CROTON returns a good chunk of its lineup after a 16-6 season under fifth-year Coach Eric Rosen. All-Section HM P Scott Giordano anchors the staff while All-Leaguers Mike Matalavage (P/1B/OF) and Chris Colombo (P/INF) back him up. That staff alone should be enough to contend in a tough league against Valhalla, Briarcliff, Westlake and Pleasantville.

Sports

Boys LAX Notebook

Yorktown Handles Mahopac, Deals 15-8 Loss to Indians

Somers Hangs Another L on Struggling Hen Hud; L/P Edged in OT

By Ray Gallagher
Examiner Sports Editor
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In a local battle between Class B's five-time defending champion Yorktown and 2015 Class A runnerup Mahopac last Tuesday, the Huskers won the battle for possession and asserted itself as the team to beat in this neck of the woods during a convincing 15-8 non-league win over the visiting Indians.

Steve Veteri (3G) scored the game's first goal, but Mahopac took a 2-1 lead on a goal by Christian Donahoe and one "own-goal" credited to Dan Foley. Yorktown M Dom Cioffi, who had two goals and one assist, quickly made it 2-2 before Thomas Donatelli gave the Huskers a lead they would never relinquish.

Sam Spallone made it 4-2 and Veteri tickled the twine again before Justin Cavallo (4G, 1A) and Kyle Casey scored to make it a 7-2 lead. Mahopac's Christian Donahoe stopped the bleeding just before the half to make it 7-3, but the Huskers cashed in with three more unanswered goals to open the second half for a 10-3 lead. Yorktown scooped up 36 GBs and converted often, thanks in part to outstanding D Brett Makar, who added one goal, two assists and scooped up six GBs.

Tom Murray had a pair of goals for Mahopac and LSM Aidan Hynes led the Indians with five ground balls.

NWE/Putnam Fab
Five Poll

No.1 YORKTOWN – Coach Marr's Class B Huskers (3-1) were pretty strapped in a 12-3 loss to a Darien club ranked No.6 in the nation, according to Under Armour/Inside Lacrosse rankings. There's work to be done here with Ridgfield, Bronxville and Melville leading up to an April 14th date at John Jay.

No.2 MAHOPAC – The Coach Mohammed/Tanzi-led Class A Indians (1-2) rebounded nicely from the Yorktown setback to post a 10-5 win over Greeley Saturday. Dan Foley (3G, 4A) was an absolute beast, feeding and finishing with equal effectiveness. Johnnie Ward (3G, 2A) has emerged into the finisher we expected he would. Tommy Murray (2G,1A) is turning into a fine option. Big test today vs. John Jay.

No.3 LAKELAND/PANAS – Coach Lindsay's Class A Rebels (1-1) saw the



RAY GALLAGHER/RICK KUPERBERG PHOTOS

Yorktown defenders Brett Makar (19), Tyler Makar (32) and G Liam Donnelly held Mahopac hotshot Dan Foley to just one goal in 15-8 Husker win over Indians.

emergence of young JoJo Janavey, who blew up with 4G in L/P's 15-2 win over Putnam Valley. Kevin Prunty (3G, 2A) Sean Makar (2G, 2A) and Joe Cortese (2G, 2A) were each featured offensively. But it was the defense that deflated in Saturday's 9-8 OT loss to John Jay where

the Rebels squandered a four-goal lead when Hunter Keech bagged his third of the day in the extra session. Janavey (2G, 1A) and Prunty (1G, 2A) led the Rebel attack. Cortese and Makar each had two goals as the Rebs built a 7-3 lead. "We had it," Prunty exclaimed! "They scored



Yorktown's Justin Cavallo, who scored four goals in 15-8 win over Mahopac, unleashes shot as Indian Zach Carlin defends.



Rebel Sean Makar fires shot against defense of Jay's Tommy Beeby in Indians' 9-8 OT win over L-P Saturday.

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Defending Champion Somers Picks Right Up Winning

By Tony Pinciario

Somers dove right into the first full week of the 2016 girls' lacrosse season with three games in five days, all victories.

The two-time defending Section 1 Class B champions and 2015 state finalist defeated Lakeland/Panas, 15-8, to open their season. They followed it up with a 12-7 victory over Hen Hud, coached by fellow Lakeland/Panas alumnus Mary (Montesarchio) Honovich, and the Tuskers made it three for three with a 13-3 triumph over North Salem. Honovich and Somers coach Jaime (Irving) Prysclak were teammates for one year under former Lakeland/Panas coach Sharon Sarsen.

Livy Rosenzweig led Somers with five goals and two assists in the victory over Lakeland/Panas. Sister, Gabby, contributed a hat trick, Izzy LaRocca added two goals and two assists and Katie Campbell netted two goals.

The Rosenzweig sisters were at it again, against Hen Hud, combining for eight goals and two assists, highlighted by Livy's five scores. Teagan Lucchese had two goals and Sydney Ericson and Sophia Fiorino added goals. LaRocca collected two assists.

Gabby Rosenzweig had high-scoring honors in the win over North Salem, finishing with four goals and three assists. Livy Rosenzweig added three goals and three assists and LaRocca chipped in two goals. Rachel Riger scored her first goal of the season and Ericson and Fiorino also had goals.

"The team was excited to play and see what we are capable of this year," Prysclak said. "It was a long three weeks of preseason and they couldn't wait to finally compete against other teams. I'm happy with the way we started the season off but it's only week one. We are focusing on our weaknesses and looking to improve our game each day in practice."

Somers' goalie Jessica Monaco made 19 saves in the three games. She only played

the first half against North Salem and did not allow a goal.

LAKELAND/PANAS opened its season under the leadership of new coach and former Rebels' player Rebecca DiSisto with a loss to Somers, 15-8, but rebounded to overtake Mahopac, 12-10.

The Rebels outscored Mahopac, 8-2, in the second half to give DiSisto her first career win. Carlyn Mucci led Lakeland/Panas with four goals, Katie Bradbury added a hat trick and Kelsey McCrudden finished with a goal and two assists. Gianna Napoli also contributed two assists.

"The girls really came back strong after the loss to Somers on Monday," DiSisto said. "We focused on a lot of different things at practice, that Tuesday, and we made it all come together against Mahopac. The girls were determined and they really came together as a team. It was great to see from this group of girls."

In the loss to Somers to open the season, Mucci and Bradbury had three goals apiece, Val Perkins added a goal and two assists and Napoli collected two assists.

BREWSTER did not wait in giving first-year coach Sara DiDio her initial career win as the Bears opened the season with a 14-10 victory over Putnam Valley.

Taylor Doria, MaryKate Lonagan and Lauren Craft each had four goals and Lonagan added two assists. Meagan Beal scored her first two varsity goals. Beal also led the team scooping up four groundballs.

Goalies Emily Schaub and Danielle Minella made six and three saves, respectively.

"I'm proud of the team and our win over Putnam Valley," DiDio said. "We have been practicing and scrimmaging for the past few weeks and it was great to finally play a game. With so many young and new players, the first-game jitters were definitely present. Lauren Craft, MaryKate Lonagan and Taylor Doria

stepped up on our offensive end and Meagan Beal saw her first varsity goals. Our defensive unit had some great plays and both goalies saw playing time."

Mahopac split its two games. The Indians opened the season with a 16-6 victory over Putnam Valley, then dropped a 12-10 decision to Lakeland/Panas.

Briana Corace and Gabby Light each had three goals and an assist against Putnam Valley. Katie McDonough and Ali Korin netted two goals apiece. Tara Ravoli, who finished with one goal and one assist, went 16 for 20 on draw controls.

"It's always great to start the season off with a win," Mahopac coach Jim Lieto said. "The defense kept Putnam Valley off the scoreboard until the offense could take over. Tara Ravoli was stellar on the draw circle, which allowed us to dominate the time of possession. We knew that coming into this season we were going to need to spread the scoring around and I am very pleased that we had 10 different goal scorers."

Korin and Corace paced the offense, with four goals and three goals, respectively, in the loss to Lakeland/Panas.

"It is tough to lose a game in this fashion being outplayed in the second half after building up a nice lead in the first half, but I do believe you learn the most from the close losses, though," Lieto said. "We knew we had areas that we needed to focus on and hopefully this loss brings those things to light. The girls are strong and driven and we have great leadership from our captains so we will build on this game."

HEN HUD opened its season with a 12-7 loss to Somers as Katy Kenny finished four goals and Jenna Richardson had three goals and an assist.

Hen Hud bounced right back to earn its first win of the season - 7-5 over Wappingers. Richardson finished with a game-high four goals. Kenny added a goal and two assists, Montana Garrett had one

goal and one assist and Anna Rizzo had a goal. Mackenzie Porter made nine saves.

"We came out a little flat and were down from the start," Hen Hud coach Mary Honovich said. "We were also not taking the smartest shots, but after a timeout and a few adjustments, we got up by one goal. When we finally got up by two, we possessed the ball for majority of the game. Jenna Richardson controlled our attack. She is goal hungry and a great finisher. Katy Kenny and Rachel Palka controlled the draw which helped us gain more possession time. Mackenzie Porter made some pretty big saves toward the end of the game that helped keep our two-goal lead."

In keeping with the teams that split two games last week, Yorktown defeated John Jay-Cross River, 15-5, before a 12-9 loss to Connecticut state power, Darien.

Katie Comerford paced Yorktown with six goals and three assists in the victory and she had a team-leading four goals against Darien.

"Our team played as a whole against John Jay with a strong goalie performance and unselfish offense," Yorktown assistant coach Lauren McAulay said. "Against Darien we fought hard and played excellent defense but struggled with draws and turnovers. Darien made big plays when they needed them."

PUTNAM VALLEY Coach Courtney Hyndman was pleased with her team even though the Tigers lost to Mahopac, 16-6, Wappingers, 11-10 and Brewster, 14-10.

Meredith Conlin registered four goals and Maddie Deegan had two against Mahopac. Cierra Espineira made seven saves and freshman goalie Kimberly Hyndman had eight saves.

Kaitlyn Phillips, Jacklyn Phillips, and Stephanie Wagner had three goals apiece against Wappingers.

Deegan led the Tigers with four goals and an assist against Brewster.

Jackie Phillips and Emma Rippon had two goals apiece.

Yorktown Handles Mahopac, Deals 15-8 Loss to Indians

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the first goal in the fourth and gained some momentum, and we didn't possess the ball enough to keep it on our end. I missed opportunities to score in the fourth as well. We played hard the whole game and we'll learn from this one."

April 9th at defending Class A champion Mamaroneck should be quite the telling date.

No.4 SOMERS - Coach DeGregorio's Class B Tuskers (2-0) saw Mike Cliff and Graham Roediger each finish with a hat trick in Somers' stunning 13-7 win over Hen Hud. Andrew Lowman (2G, 3A) was another Tusker doing damage



Rebel rookie Jojo Janavey moves on Jay's Jack Gorman in Rebels' 9-8 loss to Indians.

to a sinking Sailor defense. Tuskers hosting Mahopac this Saturday afternoon in what should be quite the doozy and the start of an absolutely brutal 7-game stretch: Somers gets Mahopac, L/P, Fox Lane, Rye, Yorktown, John Jay and Bronxville from April 9-23. I'll settle

for 2-5 but 3-4 would be something else.

No. 5 HEN HUD - Flabbergasted is the word that comes to mind when thinking about the start Coach Solly's Class C Sailors (0-3) have had. Schedule was brutal to begin; with P'Ville, Somers and Fox Lane out of the gate, but the 47 goals allowed, including 13 in the Somers loss, is pretty alarming. Interested to see if they can get it together in today's clash with a Putnam Valley (1-4) team that struggled to eke out an 11-9 win over Carmel behind a goal and three assists from Kevin Gallagher and a hat trick from Conner Cronin.

Thunder on the Tundra!

Thor, John Jay Hammer Rebels in OT



RICK KUPERBERG PHOTO (PLEASE VISIT WWW.HVSP.PHOTOS FOR MORE)

John Jay pole Thor Adamec (R) and the Indians transformed like Marvel God Thor Odinson (God of Thunder) last Saturday, erasing a four-goal, fourth-quarter deficit to hand Joe Cortese (L) and the Lakeland/Panas Rebels a 9-8 overtime defeat to cap a wild opening week on the Section 1 Boys' Lax circuit... see Boys Lax Notebook



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